

# The Rural Tribune

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## Artículo en el Oregonian Causa Reacciones Locales



Una junta con Roberto Olmos y miembros de la Comunidad Chicano

Un reciente artículo en el periódico el Oregonian este domingo ha causado serias repercusiones con la comunidad de habla español en el condado de Washington. "Deseo de Empleo Atraen Migrantes a Oregon", escrito por Roberto Olmos, salió en la primera página del Oregonian del 8 de febrero de 1976. Reacciones a este artículo, ya de los que lo leyeron, así como de los que fueron mencionados en el artículo, resultó en una junta con el escritor y varios miembros de la comunidad Chicano en el Centro Cultural en Cornelius este miércoles.

La mayor parte de la discusión fue sobre tres puntos: porqué se escribió el artículo; algunas declaraciones incorrectas o vagas; y las consecuencias que el artículo tuvo sobre la gente que vive en el campo migrante, en el cual fue basado el artículo. No solo esa gente, sino otros, han recibido tratamiento que una persona llamó "cruel" desde que se publicó el artículo.

El propósito del artículo, dijo Olmos, fue para enseñar cual era la situación para la gente que está viviendo en los campos durante el invierno. Se le dijo a Olmos que aunque muchos de los problemas fueron bien representados, varios otros problemas han sido creados a causa del artículo.

Niños Chicanos en las escuelas han sido llamados por malos nombres y les han pegado con pedazos de pan y otras comidas. A los padres de estos niños se les ha dicho "No sabía que Uds. tenían tanto hambre." Otra gente ha ido a los campos a ver a los que viven allí y ellos dicen que "parece que ahora vivimos en un jardín zoológico." El dueño del campo también ha sentido presión de la comunidad y unos crean que el cerrará el campo para que no los molesten más.

"Este artículo ayudó a reenforzar la falsa idea que todos los Chicanos están aquí ilegalmente o están en Welfare", dijo

una persona. Otra persona dijo que el artículo dió la impresión que se le estaba cobrando a la gente cuando iban a la oficina de Community Action por comprobantes para comida. Esto no es cierto dijo Olmos.

cont'd. en la pagina seis

### ¡Celebración! "Un día en Mexico"

El domingo, 29 de febrero, 1976  
Desde la 1:00 de la tarde hasta las 7:00  
En la iglesia de St. Mathews  
447 S.E. 3rd, Hillsboro

Estos eventos fueron compensados por Roberto Olmos recientemente en un artículo del Oregonian que se referio a la situación desesperada de las familias migratorias en el condado de Washington. Los procedimientos de este evento, esperamos, que sean de beneficios para esas familias.

Los actividades del día incluirán:

Cena - variedad de comidas mejicanas,  
1:00 - 7:00 de la tarde.

Exhibición en modas de la cultura modelando trajes y vestidos regionales de Mexico y Sur America.

Danzas tradicionales de Mexico y Música por "Virtud Chicana."

Horario de las actividades del día estarán a la una de la tarde.

Adultos - \$3.00; Niños (4-12) - \$1.50.

-por "La Sociedad de las Guadalupanas"  
Iglesia St. Alexander, Cornelius.

## A Federal Requirement

# Bilingual Education

In 1974 the United States Supreme Court overturned a lower court decision and ruled that the obligation to provide education still rests with the school, whether or not the student speaks English. This decision requires that a school district conduct classes and maintain academic opportunity in whatever language is necessary.

The emphasis of the court decision was that a student's bi-lingual and bi-cultural ability be preserved and strengthened. Interestingly, until very recently most states had legislation prohibiting teaching in any language except English. Oregon, for example, had such a state law until amended in 1970.

The Court ruled that teaching the student English before he/she can continue the education process is, in reality, not offering equal educational opportunity and therefore, is in violation of the law.

Authority to enforce compliance was turned over to the Department of Health, Education and Welfare, Civil Rights Division. HEW then sent compliance report orders to school districts throughout the U.S., based on the population count gathered in the 1970 census.

The 1970 census has been criticized as being everything from "inaccurate" to "corrupt" by many. Congressional testimony has indicated that areas with high minority population were misreported or falsified, resulting in a loss of millions of dollars in aid to those areas.

Indicative of the misrepresentation in the census is the fact that no school in Washington County has been asked to comply, even though the Civil Rights Division of HEW in Seattle interprets the court decision to apply when 20 bilingual or non-English speaking students are enrolled in a school.

When asked about Washington County's compliance, Doug Swinson (HEW's Civil Rights official for Oregon) asked, "Where is Washington County? What are some of the District's there? Let us know if you find schools out of compliance."

Bud Schmidt

### INSIDE THE RURAL TRIBUNE

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## GRAND OPENING

VITAL VITTLES, Inc.



Hillsboro Food Co-op

SATURDAY, MARCH 6 - NOON TO 6 P.M.

1635 Tualatin Valley Highway

Hillsboro

- REFRESHMENTS - ENTERTAINMENT -  
- PRIZES -

THE RURAL TRIBUNE  
Washington County Community  
Action Organization  
546 E. Baseline  
Hillsboro, Oregon 97123

Non-profit Org.  
U.S. Postage  
PAID  
Permit No. 129  
Hillsboro, Ore.

Postal Customer, Local



# Letters to the Editor

## ABIERTO AL PUBLICO

To the Editor:

Centro Cultural ha abierto su biblioteca. Hay muchos libros en ingles y en español. Las horas de la biblioteca son de las nueve de la mañana hasta medio día y de la una de la tarde hasta las seis de la tarde desde Lunes a Viernes.

A las diez de la mañana hay historias leídas para los niños que todavía no tienen la edad para atender la escuela primaria. A las tres de la tarde se leen historias para los niños que tienen la edad para atender escuela primaria.

Estamos abiertos al público. Está es su biblioteca, tomen ventaja y usen la. Si hay algunos libros que no tenemos y que usted quisiera ver en su biblioteca dejenos saber y nosotros veremos a ver como las consigamos.

Sr. Corrine Garcia  
Bibliotecaria, Centro Cultural

## OPEN TO PUBLIC

To the Editor:

Centro Cultural has opened the Centro Cultural Library. There are many books available in both English and Spanish. The library hours are from 9 a.m. to 12 noon and from 1 p.m. to 6 p.m. on Monday through Friday.

There is a story-telling time for pre-schoolers at 10 a.m. and at 3 p.m. for school age children Monday through Friday.

We are open to the public. This is your library so take advantage and use it. If there are any books that we don't have and that you would like to see in your library, let us know and we will see what can be done about getting them.

Mrs. Corrine Garcia  
Librarian, Centro Cultural

## MISSING THE POINT....

(The Rural Tribune received a copy of the following letter, which was addressed to The Oregonian.)

To the Editor:

The articles concerning Thomas Bornson (The Oregonian, Wednesday, Feb. 11) contained information that could easily mislead readers not familiar with the welfare system. In an apparent attempt to minimize the Public Welfare Division's role in Bornson's rash act, lists of monies and aid received by the Bornson family were spread over 2 pages. These lists are less a positive picture of how emergency aid is provided than an indictment of the entire welfare system.

The Public Welfare Division (PWD) claims that Bornson had money waiting for him at a PWD branch office which he did not claim. They state that he went to a second PWD office seeking aid after he had been granted assistance at the first one. Our experiences as welfare rights advocates has taught us that either through overwork or indifference, PWD workers frequently neglect to make many things clear to their clients. A large portion of our work consists of explaining to people things that should have been explained to them by a PWD caseworker.

It is easy to believe that Bornson did not know that he was to receive more money. Would a person capable of such drastic action leave over \$700 lying on someone's desk?

It is just as easy to believe that he went to a second office seeking aid. The welfare system is so confusing and often so slow that recipients wander, sometimes aimlessly, from office to office seeking aid. Like Bornson's, the stories they tell sound different to each worker - stories that really are just parts of one long tale no one has time to listen to.

The Bornsons could not rent a house because they did not have the money. Catch-22: PWD will not give you a shelter allowance unless you have rent to pay. Landlords who dislike renting to welfare recipients dislike even more renting to welfare recipients who must apply to PWD for a rent voucher.

And most terrible of all: Bornson is being investigated for welfare fraud. This accusation was printed in banner headlines on the front page without any mitigating explanation, without informing the public that the Quality Control Division of the Human Resources Department investigates up to one-fifth of all Food Stamp recipients every year. Investigation of Public Assistance recipients, also conducted by Quality Control, is not an implication of guilt. It is rather insurance for the assistance programs themselves. Information on the Quality Control Division and on all PWD regulations is available at PWD offices.

Finally, we should note that, according to your articles, the Bornsons received \$461 in assistance in over 6 weeks to support 8 people. During those 6 weeks they spent 2 nights indoors. How many of us could endure that life for very long?

In the rush to prove how terrible Bornson is, we are forgetting the single most important thing: this is a man we are dealing with, a single man with 7 mouths to feed, faced with a huge, hopelessly entangled bureaucracy that is overworked, understaffed and underfunded. We cannot condemn his desperation; we cannot expect others to survive on amounts of food and money most of us would never dream of trying to live on. The sad truth is that our present welfare system is woefully inadequate and distressingly inhuman, unable to cope with the nation's needy. It should not be Bornson, but ourselves, and our priorities that we question. We are committing crimes much worse than Bornson's when we allow others to go unhoused and unfed in the richest nation in the world.

Emily Chalmers  
Community Outreach Worker

Elizabeth Linder  
Welfare Advocate

Carol Woods  
Community Education

Dianne Elia  
Juvenile Rights Advocate

Mary Lou Rivera  
Special Services Advocate

## McGOVERN REQUESTS TRIBUNE

To the Editor:

In your last issue I found an article describing the Young Farmer Homestead Act of 1976. I'm writing a gardening column for The Oregon Times and wanted more information, so I wrote Senator McGovern a request for more information.

In my letter I told him that I had learned of the bill through a story in your paper. Along with sending the traditional copies of the Congressional Record one gets in these cases, McGovern's office requested a copy of The Rural Tribune carrying the article on his bill I trust you can furnish him with a copy of that issue.

I enjoy the Tribune and wish you success.

Regards,  
Luke Wilson

To the Editor:

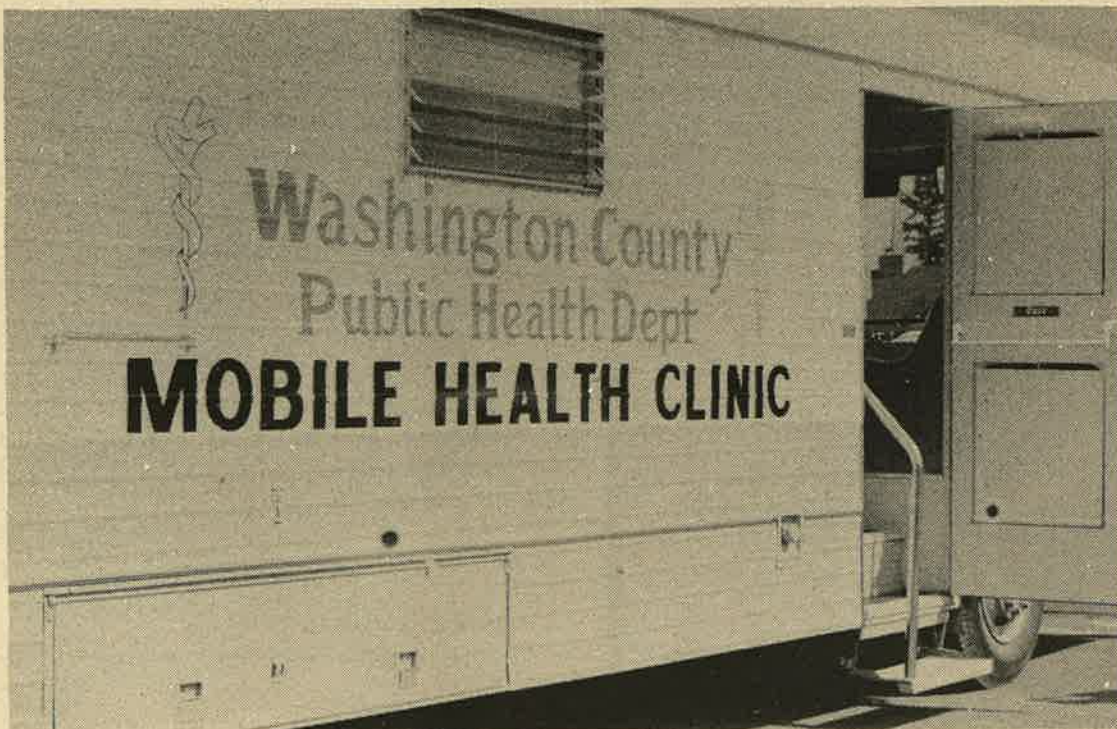
Thank you for sending me copies of The Rural Tribune. I am pleased to enclose material on The Young Farmers Homestead Act of 1975 which I hope will be helpful to you.

I would appreciate it if you would be kind enough to put our office on your mailing list.

With every good wish, I am

Sincerely,  
George McGovern  
United States Senate,  
Committee on Agriculture  
and Forestry

## Health Van on the Road



The Washington County Department of Public Health announces the schedule for its Mobile Health Van. The van's scheduled route will offer health services to areas not previously served. Selection of locations was based on community interest and need for additional health services, according to Harry Kemp, Director of Health Services.

The Mobile Health Van will be scheduled as follows:

### TIGARD PLAZA

1st Tuesday of each month 1:00 - 4:00 p.m.  
1st Wednesday of each month 9:00 a.m. - 4:00 p.m.

### FOREST GROVE SWIMMING POOL

2nd Tuesday of each month 1:00 - 4:00 p.m.  
2nd Wednesday of each month 9:00 a.m. - 4:00 p.m.

### NORTH PLAINS COMMUNITY CENTER

3rd Tuesday of each month 1:00 - 4:00 p.m.  
3rd Wednesday of each month 9:00 a.m. - 4:00 p.m.

### CORNELIUS POLICE DEPARTMENT

4th Tuesday of each month 1:00 - 4:00 p.m.  
4th Wednesday of each month 9:00 a.m. - 4:00 p.m.

Services initially being offered include: Immunizations; Overseas Immunizations; Health Counseling; Hypertensive Screening (Blood Pressure); WIC Certification and Coupons (Wednesday only).

Plans are being completed which will include the addition of these sites in the very near future: Banks and Gaston.

Owners of two large migrant camps, Al Luttrell and Ron Tankersley, have indicated space would be available for the Mobile Van during the period when migrant agricultural workers would be utilizing the camps.

Services which will be available at a future date include: V.D. Diagnosis and Treatment; Pregnancy Testing and Counseling; Diabetes Screening Programs and Well-Child Examinations.

## Ayuda Para Impuestos

WCCAO está operando una clínica para impuestos, empezando Febrero 20, para proveer ayuda bi-lingual con los problemas de impuestos federales y de estado, y asegurar que la gente reciba los beneficios que tienen derecho.

Para que lo asistan con sus impuestos, llame 648-6646 y haga una cita con la Clínica para Impuestos.

Ellos le dirán que formas son necesarias para que usted las traiga.



## TAX HELP



Liz Perris, Tax Clinic Coordinator, trains volunteer for tax clinic, opening February 20.

The filing of an income tax return can bring with it the good news of a refund or the bad news of a required payment, depending on your individual situation. The Washington County Community Action Organization is operating a Tax Clinic, beginning February 20 to provide bi-lingual help with federal and state tax problems and insure that people get all the "good news" to which they are entitled.

For people with a dependent child, married, filing a joint return or single, there is a new IRS regulation that may add up to \$400 to a taxpayer's return. The regulation applies to those who have earned an income of less than \$8000.

The State of Oregon will continue to provide refunds to renters and property tax paying homeowners. Each household may claim one refund of up to \$490, depending on the taxpayers income and the amount of rent or property tax paid during the year. This year, renters do NOT need a rent certificate from their landlord.

In order to avoid fines and criminal penalties, every single person who has an income of \$2,350 or more and each married couple who have a joint income of \$3,400 or more, must file a federal income tax return. Special rules apply to people 65 and older, people who had at least \$400 in self employment income, certain widows(ers) and people who have uncollected or unreported Social Security Tax on tips.

Anyone who had money withheld from their paychecks should file in order to receive a refund. The W-2 forms, which you should have received by now from your 1975 employer(s), will indicate how much money you made and if you had income tax withheld.

For further assistance with your taxes call 648-6646, make an appointment with the Tax Clinic. Appointments are necessary to insure you prompt service and the availability of Spanish speaking personnel when needed.

## YOUNG WOMEN'S CONFERENCE

March 13th is the day for young women and people who work with them to come together, share concerns, and learn from one another.

"Young Women in Conflict", a conference sponsored by Metropolitan Youth Commission in cooperation with Washington County Public Defender's Office and several other agencies, will be held at Oregon Episcopal School, 6300 N.W. Nicol Road. Included in the day's activities will be workshops, entertainment, and a speech by State Representative Vera Katz.

Theme of the all-day Conference is "Our Bodies Ourselves". Workshops to be held include: Awareness of Our Bodies; Women's Health Care; Alcoholism; Drugs; Feminism; Assertiveness Training; Women's Image in the Media; Career Opportunities; Institutional and Alternative Living Situations; Rape Prevention; Status Offenses; Emancipation; Civil Rights; Pregnancy and Alternatives.

The Conference will begin at 8:30 a.m. with registration and coffee, and conclude at 4:30 p.m. Groups will be organized to carry out suggestions which evolve from the day's discussions.

To register and arrange for transportation, call Dianna Elia at 648-6646 before March 6.

## Oregonian Article Causes Local Reaction

A recent front-page article in the Sunday Oregonian has met serious repercussions throughout the Spanish-speaking community in Washington County. "Job Hopes Lure Migrants to Oregon", written by Robert Olmos, appeared on the Oregonian's front page February 8, 1976. Response to the article, from those reading it and those who were written about, gave cause for a meeting with its author and several members of the Chicano community, at Centro Cultural in Cornelius Wednesday.

Major discussion about the article centered around three main concerns: why the article was written; some misleading or incorrect statements in it; and the consequences the article has had on the people who live at the migrant camp, on which much of the article was based. Not only those people, but others, too, have received treatment which one person called "cruel" since the article was published.

The purpose of the article, Olmos said, was to show just what the situation was, with people living in the camps now, during the winter. Olmos was told that while many of the problems were accurately pointed out, several other problems have been created because of the article.

Chicano children at the grade schools have been called names and had pieces of bread and other leftover food thrown at them. Their parents have been told, "I didn't know you were so hungry." Other people have driven through the camp and stared at the residents, making them feel like "they were in a zoo". Owner of the camp pictured in the article has also felt pressure from the community, and some fear that he may close it down to escape public scrutiny.

"This article helped to reinforce the false idea that all Chicanos are illegal or else on Welfare", one person said. Another person pointed out that the article gave the impression that people are being

charged "for food vouchers given out at Community Action. This is not true, Olmos was told.

Olmos intends to write other articles concerning Spanish-speaking people, their problems and their culture. The people at the meeting had much to say about how those articles should deal with their lives, to give a more accurate picture of the successes as well as the problems.

While Olmos admitted responsibility for the contents of the article and any misrepresentations that may have occurred, he felt - and others agreed - that many of the problems being created were not because of what he wrote. Any bad treatment that resulted was the fault of people in the community and how they chose to respond. Those responses, many agreed, have indeed shown that years of prejudice and discrimination directed towards the Spanish-speaking community will not be wiped out by one article, no matter how well-intended.

Judy Schilling

(As The Rural Tribune went to press, we learned that because of the meeting between Olmos and members of the Chicano community, an event has been planned for Sunday, February 29, for the benefit of the migrant community.

"Un dia en Mexico" ("A Day in Mexico") will be celebrated from 1 to 7 p.m. at St. Mathew's Church, 447 S.E. 3rd, Hillsboro. Activities planned are a Mexican dinner, served from 1 to 7 p.m.; A Cultural Fashion Show featuring costumes from different regions in Mexico and Latin America; Mexican Folk Dances; Live entertainment by "Virtud Chicana"; Contemporary and traditional music. Tickets are adults, \$3.00 and children (4-12) \$1.50. This event is sponsored by "La Sociedad de las Guadalupeñas", St. Alexander's Church, Cornelius. Plan to attend!)

## Food Co-op Opens Mar. 6



Getting Ready for the Grand Opening -- Julie Redding, Store Manager

After many hours of planning, building and painting, a new Food Co-op is opening in Hillsboro on Saturday, March 6. The store is located at 1635 TV Highway, east of Hillsboro.

The cooperative was started with a \$5000 grant from Community Services Administration and the use of Manpower personnel placements. Julie Redding is currently working as store manager. Both the CSA grant and Julie's Manpower position terminate on June 30.

A non-profit corporation is now being formed to operate the store and to organize and maintain educational projects relating to nutrition and food economics. The name of the corporation chosen by the interim board is Vital Vittles, Inc.

The corporation will hold a general meeting February 19, 1976 at 7 p.m. in the Hillsboro City Hall Council Chambers. The public is encouraged to attend. There will be reading of the proposed by-laws and the announcement of board elections to be held March 18, 1976.

The proposed membership requirement for the cooperative store is four hours of work donated to the store or other Vital Vittles projects, which gives the member a ten per cent discount on items purchased at Vital Vittles.

Such food items as bulk grains, beans, some fresh produce and dairy products, dried fruits, nuts,

Despues de muchas horas de planiar, construir y pintar, la nueva Food Co-op (cooperativa de avarotes) se va a abrir en Hillsboro el sabado 6 de marzo. La tienda esta localizada en la este de Hillsboro, 1635 TV Highway.

Una corporacion sin-ganancas se ha formado en manejar la tienda, organizar y mantener proyectos educacionales relacionados en la economia de comidas nutritivas. La Cooperativa liva por nombre Vital Vittles, Inc.

La Corporacion tendra una junta general el 19 de febrero 1976 a las 7 p.m. en el City Hall Council Chambers en Hillsboro. Se le amina al publico que atienda.

Se requiere que done 4 horas de trabajo en la tienda o en otro de los proyectos en Vital Vittles. Para tener derecho a 10 per cent de descuento en comida como frijoles verduras, productos de licheria, furtas secas, nuses y yerbas de cosina.

Plance ahora en atender la junta general, y asegure venir al Food Co-op el sabado 6 de marzo. Habar refrescas, entretenimientos y permios.

and herbs will be offered by Vital Vittles.

Plan now to attend the general meeting. And be sure to come to the Food Co-op on Saturday, March 6th. There will be wholesome refreshments, entertainment and prizes.

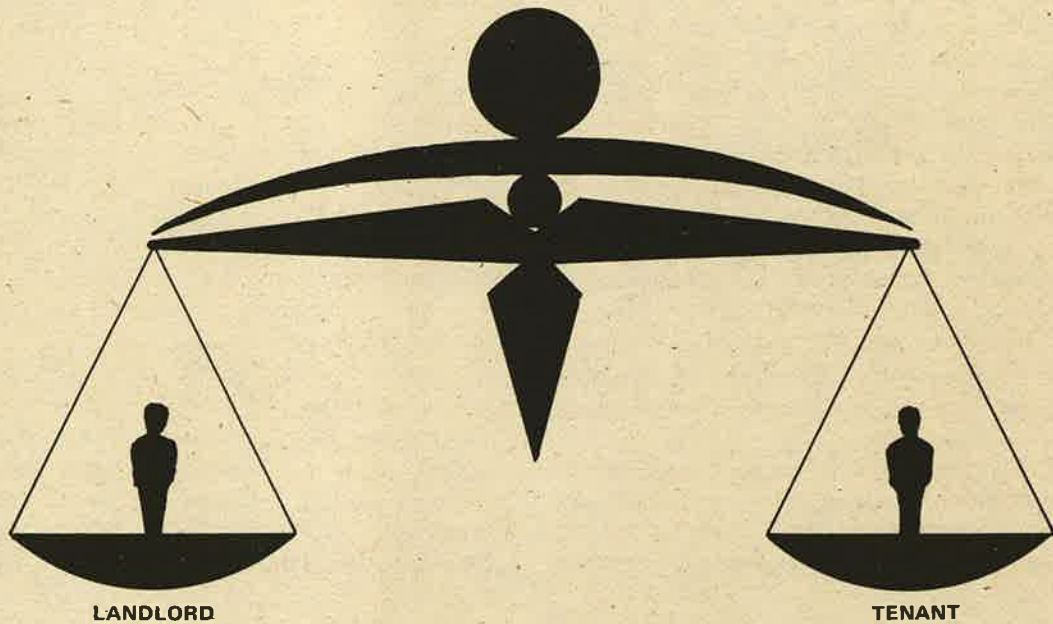
Bud Schmidt



## Renter's Hotline Told To "cease and desist"

Since the Oregon State Legislature passed the Landlord-Tenant Law in 1973, landlords and tenants alike have had considerable difficulty in dealing with the complexities of the new law. Various agencies throughout the state have published small booklets advising landlords and tenants of their rights and responsibilities as well as the appropriate action to take. Too often, however, information is too vague and therefore can sometimes be misleading.

More immediate help has been provided in the last year by Portland CPL (Committee for Progress Through Law), a statewide citizen's group which advocates for low income people through legislative and organizational efforts. Portland CPL established a Renter's Hotline, manned by trained volunteers, who take calls from landlords and tenants having problems with rental agreements, or simply having problems understanding their rights under the law.



Recently, the Renter's Hotline has come under fire from the Oregon State Bar's Committee on Unauthorized Practice of Law. The CPL group received a letter informing them that "It is the opinion of the Oregon State Bar Unauthorized Practice Committee that your activities did constitute the unauthorized practice of law." The purpose of the letter, as stated, was "to advise you (CPL) that unless you cease and desist from those activities which constitute the unauthorized practice of law (i.e. Renter's Hotline), the Oregon State Bar will take whatever steps are necessary to stop you from continuing your activities." The letter further stated, "The purpose of the Bar Committee's interest is, of course, to protect the public from the activities of untrained persons."

People from the Renter's Hotline estimate they receive between 15 and 20 calls per week from both landlords and tenants, but the majority are from tenants. The letter from the Bar, they feel, was the result of complaints from landlords. Since the Landlord-Tenant law has given tenants some bargaining power for the first time, it is understandable that landlords might complain.

The intent of the Landlord-Tenant law was to end disputes and "rip-offs" between landlords and tenants. By setting rules and regulations governing the relationship between landlords and tenants, the new law made rental agreements function much like any other legal contract. This was a landmark decision towards tenant's rights, as well as offering much help to landlords who, too, had been abused by unscrupulous or careless tenants.

Charles McClure, a Tigard attorney and Chairperson of the Bar Committee on Unauthorized Practice of Law, feels differently. "They are most definitely practicing the law", he asserted. McClure feels they have "crossed the line between talking to individuals about their problems and giving legal advice." The main problem, McClure contends, is that people using the Renter's Hotline will not be getting "good advice" as the workers "don't know enough about court actions."

The Renter's Hotline has not "ceased or desisted" but continues to answer calls. They intend to fight the decision and according to one involved party "We will take this to the highest court necessary."

According to McClure, if the Renter's Hotline continues, the Board of Governors of the Bar Association will then get an injunction, ordering CPL to stop. If they continue, the Renter's Hotline will then be in contempt of court. What then? According to McClure, nothing his committee has dealt with has gone that far.

For the tenant or landlord who needs information immediately, there are few alternatives, especially if that person cannot afford a lawyer. Washington County's Legal Aid handles approximately 12 landlord-tenant cases a month. They receive many other calls from people who are slightly over Legal Aid's income guidelines, and it is those people who get hurt the most. If it is an emergency (such as an FED or 24-hour notice) Legal Aid will try to see them within 24 hours. If it is not, the wait can be two weeks.

McClure feels that "If people feel the problems are that acute and not being met, perhaps they should look to expanding Legal Aid." Funding being what it is (or isn't), there is little chance for any immediate relief in that direction.

In spite of the threat, the people at the Renter's Hotline are determined to do as much as they can to see that landlords and tenants have access to the law that was enacted for their benefit. What price they will have to pay for their efforts has yet to be seen.

*Judy Schilling*

Running some 13 pages in length, the law is, however, confusing to both landlords and tenants. And it does have certain gaps into which landlords and tenants can fall; oftentimes this is where help is needed. Renter's Hotline agrees, too, that many times those calling need moral support in asserting themselves, rather than any legal information.

The Renter's Hotline maintains that it is not giving legal advice, but simply informing people of their rights by reading them the law, or parts of it, and giving out Renters Handbooks, prepared by OSPIRG (Oregon Students Public Interest Research Group).

## Gray Panthers Challenge Stereotypes

Ruth Haefner, who describes herself as a "Wrinkled radical" and a catalyst for change, has taken it upon herself to bring attention to the problems of the elderly.

For years she has attended governmental conferences, hearings, meetings, churches and classrooms distributing information and literature and acting as an advocate for the elderly.

Since 1973 she has represented the Gray Panthers, a national organization which challenges the stereotypes of aging and works for concrete change on issues of concern to older people. The Gray Panthers were formed in 1970 by Maggie Kuhn, partly as an outgrowth of her anger at being forced to retire at 65.

The Gray Panthers are a coalition of old and young and old. Their slogan is "age and youth in action together". Their priorities, according to Ms. Haefner, are transportation, finances, health care, legal aid and insurance.

The organization publishes a national newsletter, Network. A quote from the July, 1975 issue sums up their position:

"We have changed minds and are working to change systems. We strive to do our homework well -- for well-aimed sling shots can totter giants. And we have just begun."

Ms. Haefner has appeared on KATU, KGW, and KOAP. The Rural Awareness Project of WCCAO has a 1/2 hour videotape of Ms. Haefner speaking about the Gray Panthers to the Portland Business Women's Club. This tape is available for viewing. Interested persons should contact Carol Woods at 648-6646.

Following are the goals and purposes of the Gray Panthers:



positive awareness in our culture of the total life span of all persons as a continuing process in maturity, self-fulfillment and social responsibility.

2) To strive for alternative life-styles and opportunities for older and younger people which will challenge and help eliminate in our institutions and elsewhere, all forms of paternalism, discrimination, segregation and oppression based solely on age-which makes "agism", like racism and sexism, a socially destructive force.

3) To act as advocates for those who are powerless to throw off discrimination and oppression because of age.

4) To build a new power base in coalition with other movements to bring about needed change in order to achieve social justice, human dignity and self-fulfillment for all people regardless of age, sex, race or economic status.

5) To reinforce and support each other in our quest for liberation and to celebrate our shared humanity.

## MEDICARE- sign up now!

People who didn't sign up for Medicare medical insurance when they first became eligible or who have cancelled the protection once can enroll now through March 31 at any social security office, according to social security officials here.

Medicare medical insurance is offered automatically to people who reach 65 and are eligible for social security benefits - and to disabled people under 65 who have been entitled to monthly social security disability benefits for 24 consecutive months or more. Nine out of 10 people eligible are enrolled in the program.

"But some people decline the protection when they're first eligible," a social security spokesman said. "And some sign up once and cancel later. They can enroll in the first 3 months of any year."

The medical insurance helps pay doctor bills and other medical expenses and is the voluntary part of Medicare, funded by individual premiums and Federal general revenues. The basic premium is \$6.70 a month through June 1976. It will be increased to \$7.20 for the 12-month period starting in July 1976.

"People who decline Medicare medical insurance and delay signing up for more than a year pay a higher premium", the spokesman noted. "People who sign up and cancel later can re-enroll only once."

The medical insurance supplements Medicare hospital insurance. Hospital insurance is funded by social security contributions from workers, employers, and self-employed people.

"People 65 and over who are not eligible for social security benefits can apply at any social security office and get Medicare hospital insurance by paying a premium," the spokesman said.

Medicare is administered by the Social Security Administration, an agency of the U.S. Department of Health, Education and Welfare. The local office for Washington County residents is located at 10700 Beaverton Hillsdale Highway, Beaverton, phone 643-9617. Hours are 9 a.m. to 4:30 p.m.



# Special Education-Who Needs It?

Six years ago Beaverton School District 48 included as part of its Special Education Department, a program for the Trainable Mentally Retarded (TMR). During the 1974-1975 school year, this program provided services for 133 students defined as trainable and diagnosed as moderately to profoundly delayed in development.

The Special Education Department is administered by Dr. Hank DeVoss. Besides TMR, his administrative duties include responsibility for thirteen other special programs, which attempt to reach children unable to adjust to the ordinary school environment. According to DeVoss "All the special programs come out of the fact that ordinary school programs cannot deal with kids who function either in excess or below what is normally expected of kids". Hence the development of a Special Education Department, and special programs.

The Trainable Mentally Retarded program is directed by Ms. Doris Rosen. She has held this position since its beginning six years ago, and is responsible for the program's overall effectiveness. Ms. Rosen has been a long time supporter of public education for the mentally retarded, and believes that if it was not for HB2444, giving TMR children the right to public instruction, the doors to the Beaverton school district would still be closed to them.

Some of the bigger problems she has had to face have come from the schools. Initially school administrators, teachers and students were unwilling to give up space and time to her students. "You have to do a lot of convincing, convincing people that these children really do have a right to be in school and then on top of that convincing them that this is really the best thing for everyone involved. The school needs to take some risks in allowing these other children to have some of the same kinds of opportunities, so its continuous selling".

Although 133 students were served last year Ms. Rosen stated "There are still a lot of children not being included. Either no one's telling them about the opportunities, or the other school districts in Washington County are not identifying their children". Since district 48 provides classes for TMR students county wide each district who identifies and places a student must pay a per - capita cost to cover the expenditures needed to educate them. Consequently



the more students a district places the more money they must pay. Ms. Rosen thinks this may deter outreach efforts because "They (the school districts) don't want to put up the money".

Ms. Rosen has definite ideas about the kind of treatment and instruction TMR students receive in the classroom. She explained that "Each classroom serves as a resource center for the students - with emphasis placed on learning new behavior, especially

new social and language behaviors". This differs from normal student exposure to academic skills because "Academic skills are not going to serve the TMR student very well. They are going to be dealing with the world a little differently than you or I".

Cedar Park Jr. High is one school participating in the TMR program. There Peter Fitzgerald is responsible for providing behavioral instruction to TMR students. He, like other instructors, uses behavioral modification as a technique to teach acceptable social and language behavior. He described behavioral modification as "Being aware of what you see kids doing and then using certain techniques to change them". The problem with this method says Fitzgerald "is that there are a lot of value judgements involved as far as what is appropriate behavior and what is not appropriate behavior. A lot of times it is my responsibility to make those decisions, and I don't always make the right decisions".

One example of inappropriate behavior involves a student who keeps his head down while talking. Fitzgerald is attempting to modify this behavior by "paying off" the child when he has his head up. "Whenever his head is up and he's looking at me I let him know that I really like that by giving him a little pat on the back or a tickle. Some sort of social "pay off" for doing behavior that is appropriate". Another example involves a child who was seen pinching girls in the hall. Since being in the hall was a "turn on" for the child Fitzgerald decided to take away that privilege.

The purpose then of these "pay offs" is to encourage each child to discriminate between socially accepted and socially unaccepted behavior. The end result says Fitzgerald "Keeps the child from being blasted in the face by the real world".

What Doris Rosen and the TMR program are trying to do is to take a child of minimal skills and abilities, and teach him how to function in day to day life. It is a slow process, often times putting the student as well as the instructor in uncomfortable situations. But, what Doris Rosen does not want to see is her students being exposed to bleeding hearts. To her this is a step in the wrong direction, hurting the child and doing no one any good.

Don Patch

## "Anonymous Campaign" Threatens Child Care Bill

An anonymous national campaign against the Child and Family Services Act now pending before Congress, has come to Washington County. Unsigned leaflets are being circulated which charge that the bill would take away the responsibility of parents to raise their children and give it to the government.

Senator Walter F. Mondale, D-Minn., an original sponsor of the bill has termed the campaign as "one of the most distorted and dishonest attacks I have witnessed in my 15 years of public service."

Co-sponsored by a bipartisan group of 124 Congressmen, the bill would authorize federal support for a variety of child and family services including prenatal medical care for mothers, medical treatment for handicapped mothers, and day care for children whose parents must work.

The flyers, which are being passed out at businesses, churches and County Planning Organization meetings, claim that a Charter of Children's Rights is becoming a part of the Act. The "Charter" states that "children have the right to freedom from religious or political indoctrination." The anonymous author interprets that parents could not insist on taking their children to church if they do not wish to go.

The Child and Family Services Act does not contain the Charter of Children's Rights which was devised by a British Civil Liberties group.

Among witnesses testifying in support of the bill in March, 1975 were the National Council of Catholic Charities, the Board of Global Ministries of the United Methodist Church (Women's Division), the Tressler-Lutheran Services Associates, and the Baptist Joint Committee on Public Affairs, representing the American Baptist Church in the USA, the Baptist General Conference, the National Baptist Convention of America, the National Baptist Convention, USA, Inc., the North American Baptist General Conference, the Progressive National Baptist Convention, Inc., the

Seventh Day Baptist General Conference, and the Southern Baptist Convention.

Other supporters include the PTA, AF of L-CIO, United Church of Christ, United Auto Workers, the American Academy of Pediatrics, the Child Welfare League of America, the National Council of Jewish Women, the American Home Economics Association, the National Association of Retarded Children, and the National Education Association.

The handbill charges that the bill gives children the right to protection from "any excessive claims made on them by their parents or authority," the right to "compensation" for any inadequacies in their homes, and implies that if the Secretary of Health, Education and Welfare decides parents are not doing a good job, he can turn the children over to a government-appointed "advocate." Sponsors of the bill have never suggested such a provision.

"I don't think I've seen anything since I've been here that was based on such a pack of lies," an aide to Rep. Al Ullman, D-Oregon, said of the handbill.

Despite this, however, the anonymous flyer has generated a major campaign against the bill. Congressional offices report they are being deluged with mail. Rep. Frank Horton, R-NY, received 70 letters in two weeks on the bill. John Brademas, R-Ind., received 450 letters on the issue from constituents, in one month alone. That is more than some offices get on any one issue all year.

Supporters of the child care bill have launched a counterattack. Mondale in a statement on the Senate floor called the allegations "absolutely and completely false. There is not a shred of truth in any one of them. If there were neither I, nor any member of Congress, would be sponsoring this legislation," he said.

And in a hard-hitting statement, House Majority Leader Thomas P. O'Neill, Jr., D-Mass., defended the measure and its sponsors. In a statement numbering

over seven pages in the December Congressional Record, O'Neill called the charges "absurd and irresponsible" and said public trust in public officials was being eroded as a result of such tactics -- "unwittingly aided by lackadaisical press (which did not check out the facts)."

Supporters point out that the bill specifically states that programs under the Act must be provided "on a voluntary basis only to children whose parents or legal guardians request such services."

Groups identified as opposing the measure - including the American Conservative Union and the Allied National Coalition for Children - argue that the legislation is bad because professional educators already have too much control over child-rearing, but they have disavowed the unsigned flyers as extremist propaganda.

Copies of the bill can be obtained by writing to the Senate Subcommittee on Children and Youth, Washington, D.C. 20510 or to the House Select Subcommittee on Education, Washington, D.C. 20515.

Ed Miller

Washington County  
Child Development Commission

Ask For S.B.626

### JUNTA DE LA MESA DIRECTIVA

La siguiente junta de la mesa directiva del Washington County Community Action sera el miercoles, Febrero 18, 1976 a la 5:30 p.m. en Hillsboro City Hall.

### WCCAO BOARD MEETING

Next meeting of Washington County Community Action's Board of Directors will be Wednesday, February 18, 1976 at 5:30 p.m. in Hillsboro City Hall.



## La Educación Bilingüe

En 1974, la Corte Supreme de los Estados Unidos derrocó una decisión de una corte más baja y determinó que la obligación para proveer educación queda con las escuelas, aunque el estudiante hable inglés o no. Este reglamento requiere que el distrito escolar ofrezca clases y que mantenga las oportunidades académicas en cualquier lengua que sea necesaria.

El énfasis de la decisión de la corte fue que la habilidad de un estudiante para ser bilingüe o bicultural sea conservada y fortalecida. Interesantemente, hasta hace poco tiempo, casi todos los estados tenían leyes que prohibían enseñar en toda idioma menos el inglés. Oregon, por ejemplo, tenía tal leyes hasta 1970.

La Corte determinó que enseñando inglés a un estudiante antes que él o ella pueda continuar con su educación en realidad no está ofreciéndole a este estudiante una oportunidad educacional equivalente a la de otros.

La autoridad para ejecutar esta nueva ley se le dió al Departamento de Salud, Educación y Asistencia Pública, División de Derechos Civiles. Este Departamento luego mandó ordenes a los distritos escolares en todos los estados, basados en la población según el censo de 1970.

El censo de 1970 ha sido criticado por mucha gente es estar "inexacto" hasta estar "corrompido".

En testimonios presentados al congreso, se reportó que áreas con grandes poblaciones de minor-

## ¿QUESTIONS?

How many times have you wanted to reply to some statement by someone, and at the same time you were afraid that you may hurt someone's feelings or because of the other person's station in life, would make you hesitate before doing so?

When this happens, just remember, during that period in American history when the minute men were firing at the British from behind rocks and trees, what would have happened, if these same rural fighting people of the United States had been afraid to take their stand and fight.

If you think for one moment that people of this nation should sit back, say nothing and do nothing when our elected or appointed officialdom do things that are detrimental to the welfare of this country, you are indeed wrong.

Recently it was reported that our Honorable Secretary of Agriculture made the statement that if this nation stopped using commercial fertilizer and insecticides, the food production of this nation would be cut by one-half. We have heard many so called statements having been said by our Secretary of Agriculture or so reported. We think, Mr. Secretary, that you under estimate the ability and efficiency of the American Farm people. Let us analyse this.

World population is expanding at the rate of 203,000 new people every day. 203,000 new mouths to feed. The world's population today is a staggering 3.9 billion. It has taken man thousands of years to reach this point. This number grows by geometrical porportion to such extent that just 25 years away the population on this earth will consist of 7 billion people.

Agriculture, not only in the United States but the world over is facing the greatest challenge in its history.

Let us look at the record, forget the pressure of large lobbying groups representing huge amounts of fertilizer manufacturers, huge drug manufacturers of insecticides, for you have fallen into the same trap, as have so many other office holders, nationally, state, counties and cities. Evidently you are throwing a smoke screen to hide the issue caused by pressure from these same groups. Rapid exhaustion of our domestic resources will make us totally dependent upon the resources of other nations, available only on their political and economic conditions if available at all.

If this utterance is made to again stir up foment between those groups of environmental people, those for organic type of growing things, the hydroponic people, you are wrong for it goes beyond the smallness of such statements. After all is said and done, it is going to take the combined efforts of all people, those using huge amounts of commercial fertilizers, those in the hydroponic camp and those in the organic group to feed the hungry mouths on this planet.

Mr. Butz, we as American farmers don't want another Russian grain deal to be crammed down our throats at taxpayers' expense. We must look further ahead into the future. Don't get your butt into a corner, Mr. Butz, and no butts about it. These problems are coming, no one can stop it. Watch our petty utterances and let's get on with the job ahead.

Glenn Simmons

ías fueron mal representadas o falsificadas, con el resultado que millones de dólares en ayuda fueron perdidos.

Una indicación de esta mal representación en el censo es que ninguna escuela en el condado de Washington ha recibido órdenes para cumplir con este nuevo reglamento, aunque la División de Derechos de HEW en Seattle, interpreta que la decisión de la Corte aplica a cualquier escuela que tenga más de 20 estudiantes que sean bilingües o que no hablen inglés.

Cuando se le preguntó a Doug Swinson (el oficial para Oregon de la oficina de Derechos Civiles de HEW) porqué el condado Washington no había recibido ninguna orden para cumplir con este reglamento, el señor Swinson dijo, "Donde está el condado de Washington? Cúales distritos están allí? Now dicen si ustedes notan que algunas escuelas allá no están cumpliendo, eh."

Bud Schmidt

## Redusca el costo del mantenimiento de su carro

Corre su carro como es debido? Es tan seguro como debe de ser? Los precios altos para reparar su auto, lo esfuerzan a que lo deje en malas condiciones?

Un pequeño grupo de la Accion de la Comunidad a estado discutiendo tocante a estos problemas y siente que juntandose con otros en situaciones similares, el gasto extremo en mantenimiento de carros puede ser reducido.

A este grupo le gustaria tener sus respuestas y comentarios para ser incluidos antes de hacer mas planes. Como se a discutido hasta este punto, una posibilidad es de formar una corporación sin-ganancias que pueda encargarse de ocupar mecanicos y comprar la herramienta. El trabajo hecho en el taller se cobrara segun su habilidad de pagar. Tambien se haran arreglos para arrentar espacio en el taller con acceso a la herramienta para personas que quieran trabajar en sus carros con o sin la ayuda del mecanico.

Porfavor conteste las preguntas siguientes y envíelas a Rural Tribune, 546 E. Baseline, Hillsboro, Oregon 97123.

1. Estaria usted interesado en un taller establecido de esta manera?

2. Usaria usted este taller?

a. Con el mecanico haciendo el trabajo?

b. Hasiendo el trabajo usted mismo?

c. Hasiendo el trabajo usted mismo con la ayuda del mecanico?

3. Esta usted interesado en aprender mas tocante a su carro?

4. Podria usted pagar una pequeña porcion por año para ser miembro en este tipo de taller?

5. Conose usted de algunos talleres que trabajen de esta manera? Si conoce de algunos, porfavor describalos y mandenos el domicilio si lo sabe.

Este tipo de organizacion sin-ganancias a costos bajos puede funcionar solo si se obtiene suficientes respuestas de parte de la comunidad. El trabajar juntos, puede ser el principio en que la jente tome control de las fuerzas economicas, que de otra manera controlan sus vidas.

## Cut the Cost Of Car Maintenance

Does your car not run as well as it could? Is it as safe as it should be? Are the high costs of auto repairs forcing you to leave it in that condition?

A small group at Community Action has been discussing these problems and feel that by joining together with others in similar situations, the extreme expense of car maintainance could be reduced.

This group would like to have your response and comments to be included before any further planning is done.

As discussed to this point, one possibility is to form a non-profit corporation which would handle the hiring of mechanic(s) and the purchase of tools. The work done in the shop would be priced on a sliding fee scale, dependent on one's ability to pay. There would also be arrangements for renting space in the shop with access to tools for a person to work on their own car with or without the mechanic's aid.

Please answer the following questions and send to RURAL TRIBUNE, 546 East Baseline, Hillsboro, 97123:

1) Would you be interested in a garage set up in this way?

2) Would you use this garage?

A) with the mechanic doing the work?

# SWAPS

Regular size mattress and box springs, like new. Will trade for a cord and 1/2 of wood. Betty Grant, 647-2860.

Would like a woman to teach me guitar lessons in trade for a hand-crocheted afghan. Contact me, Alice Contreras, 622 S.E. Oak, Hillsboro. Stop by or drop a card.

Swap - electric range, needs cleaning, for old or unusual clock/watch or 12 gauge shotgun. Wm. S. Hundley, Rt. 2 Box 239-61, Cornelius, 97113, phone 648-7960.

Exchange seamstress services for piano lessons. Call Alita, 985-7271.

Swap my 1948 Ford 2 1/2 ton flatbed for a car of similar value. Write Max Stemple, Rt. 3, Box 320, Hillsboro.

I have 2 E78x14 tires on Chevy rims in good shape and a portable floor fan and want to trade for your children's coats and clothes. Clothes should be suitable for 9,11, and 13 year olds. Chester Lehman, 1240 SE Maple, Apt. 3, Hillsboro.

Will trade my tree pruning or pruning instruction for locker meat, VW engine, or ? Contact Bud Schmidt, Rt. 2, Box 351 A, Gaston.

What will you trade to finish my bathroom? Call Julie at 648-8386, evenings.

My rooster for your rabbit. Dee Elia, Rt. 2, Box 351 A, Gaston.

Will swap my exercise bicycle for your bookcase. Call Mary Lou 761-1468 evenings.

I will oil and clean your treadle sewing machine, and show you how, in exchange for old (pre-1960) fabrics, curtains, tableclothes, etc. that can be used for making clothes. Call Judy, 985-7229, evenings.

Send your Swaps to SWAPS, c/o The Rural Tribune, 546 E. Baseline, Hillsboro, Oregon, 97123.

## ARTICULO EN EL OREGONIAN CAUSA REACCIONES....con't desde pagina 1.

Olmos piensa escribir más artículos sobre la gente de habla español, sus problemas y su cultura. La gente que asistió a esta junta habló mucho sobre lo que ellos pensaban que debía ser escrito y como se podría dar una mejor idea de los éxitos así como los problemas de esta gente.

Aunque Olmos aceptó la responsabilidad por el contenido del artículo y las malas representaciones que este contiene, también dijo que muchos de los problemas que han pasado no tienen nada que ver con el artículo que él escribió. Otras personas estuvieron de acuerdo con esto. Se dijo que los problemas son a causa de la gente de la comunidad y como cada uno de ellos escoje responder. Estos problemas son a causa de años de discriminación y prejuicios dirigidos a la comunidad de habla español y no se acabarán con sólo un artículo, por más bien escrito que sea.

Judy Schilling

B) doing the work yourself?

C) doing the work yourself with the aid of the mechanic?

3) Are you interested in learning more about your car?

4) Could you pay a small annual fee for membership in this type of garage?

5) Do you know of any working models of this kind of garage, If so, please describe address if available

This type of low-cost non-profit organization can only function if there is enough response from the community. Working together, people can begin to take control of the economic forces which otherwise control their lives.

Bud Schmidt



# Loaves and Fishes - More Than Just Food

One senior writes, "it kept me from staying at home and just waiting for the end to come." Another adds, "In my lifetime I've never met so many nice people in such a short time." Can these people be talking about a nutrition program? "Yes", another senior comments, "Loaves and Fishes is much more than just a place to get a good meal, it's a way to establish friendships and get back into life again."

Thousands of older adults in Washington County are finding a place for themselves at their local Loaves and Fishes center. Each weekday morning hundreds arrive by bus, by van, by foot. They come from secluded houses, from isolated single rooms, and from large apartment complexes - - but they come and they seem to leave just a little bit happier and better able to handle the rigors of growing old. They are greeted by friendly volunteers and staff who have arrived early to prepare the food, set tables, plan recreational and social service activities and serve their older neighbors as the noon hour approaches.

Other volunteers take particular concern in the plight of the homebound elderly, who through illness or incapacitation are unable to prepare nutritious food for themselves. Every day these dedicated Meals-on-Wheels drivers bring food prepared at the centers, into the homes of the area's shut-in seniors. Meals-on-Wheels drivers are much more than just bearers of food. They may be the older person's only contact with the outside world and a life-line to help in times of trouble. Their friendship and concern cuts through the isolation and often becomes the impetus for an older person to begin to get well again. Without this kind of daily care many would have to be institutionalized. Instead, they are often able to resume normal activities and many eventually attend their local center for meals and companionship.

Each weekday morning this sequence is repeated all over Washington County - - in Hillsboro, Tigard, Beaverton and surrounding communities. This grass-roots level operation works because the community cares enough to make a lasting commitment to its older residents. Church, school and civic groups, as well as individuals from all walks of life make up the corps of volunteer support, and number into the hundreds. They donate their time, energy and personal funds to insure that the needs of seniors are being met. Many are older people, themselves, and take pride in serving their peers. The slogan "Neighbors Sharing with Neighbors" well expresses the spirit of the Loaves and Fishes programs.

The people of Hillsboro have exhibited a great ability to work together for the common good. Three years ago a group of dedicated young people in the health and welfare field united with seniors to devise a way to meet the needs of the community's older population. The Hillsboro Community Senior Center, at 4th and Lincoln, with its Loaves and Fishes program, was borne out of this concern. Today, the program serves about 1500 meals a month including those delivered to shut-in residents.

The center's warm and lively atmosphere is enhanced by people like Jim Barney who comes every day and rousingly leads the group in song. Jim, who is extremely active in the community, is very proud of the center and says his main concern is that everyone "get their belly's full and have a good time." Kenneth Stephens is another frequent visitor and says he'd like to compliment Loaves and Fishes for providing good food and social services. Kenneth continues, "You know, in this world, you get blamed for what you don't do - - and no credit for what you do right. I just want to make sure that doesn't happen to the people who work so hard at Loaves and Fishes."

One woman who gives a lot of credit to the Hillsboro Loaves and Fishes program is Dolly Fahlen. Dolly recently injured her leg and began receiving Meals-on-Wheels. She explains, "When you hop around on one foot and try to cook, you end up eating a whole lot of soup. So you see, I really did need those good meals." Dolly feels the nutritious food kept her from being hospitalized and the friendly volunteer drivers who stopped by to chat eased her feelings of isolation.

Dolly's leg has healed quickly and she recently visited the center to dine in the companionship of the people she had been hearing so much about. She was picked up by the Senior Bus System and transported to the center with a group of her peers, who "made me feel like one of the gang." At the center, Dolly was impressed with the friendliness and spirit of the people. "They make me feel right at home, and you can bet I'll be back often."

"Besides providing good meals and companionship the Loaves and Fishes program has been "an impetus towards establishing the Hillsboro Senior Bus System", comments Claire Amsden, Center Director. "Transportation is a real problem for seniors, and when we started serving meals we began to realize we'd have to



develop a system to get people to the center and to other important places around town."

Today, the Hillsboro Senior Bus System is a smooth-running operation. Two buses are scheduled daily and transport seniors to the center, to doctors' appointments and help with shopping and other needs. The buses have been specially designed to transport wheelchairs, often the greatest obstacle to a person's mobility.

The transportation system has helped the center expand its number of activities. Musical entertainment is a particular favorite. Old-time fiddlers, a Kitchen Band and groups singing are regularly scheduled. Craft classes are also offered and the center cordially invites any senior to join in as participant or instructor. And if you have some spare time to put to good use you might consider volunteering your services as a Meals-On-Wheels driver or center volunteer.

"A whole new concept in the community" . . . that's the way Armando Garza, Center Manager, describes the newest center in Hillsboro. The efforts of Centro Cultural, Loaves and Fishes and concerned members of the community combined to make a dream into a reality: a place for Chicano elderly to receive nutritional meals, transportation, social services and the enjoyment that comes from dining with friends.

The program, housed at Maria's Mexican Cafe in Hillsboro, has been operating since January 5th. In this short time it has become very important to its eager Chicano and Anglo participants. "I live for this. Each day I get up early just to be ready for this event", comments Petra Perez. Manuel Martinez adds, "This is a very good program. I look forward to the food, the people and the transportation, too."

Most of the participants live in outlying communities and have great difficulty in making doctor's appointments, shopping trips and even an occasional visit to their closest neighbors. Their dedicated young driver, Henry Lasara, works at the Virginia Garcia Clinic in Cornelius; yet he comes each weekday morning and transports seniors all over the area. Henry has been instrumental in fostering friendship among the group. Petra Perez and Eufimia Martinez had once been good friends. Because of the distance between their homes they had not seen each other in years. They met again at the center and resumed their friendship. Now Henry often takes Petra to the home of Mr. and Mrs. Martinez where they can relax and chat for as long as they wish.

Manuel Martinez says he comes for the companionship and social services offered. He smilingly adds that the meals attract him too. "The food is very good and there's always a lot". The people at Maria's Mexican Cafe are very pleased about the program. They enjoy serving the elderly and have provided a separate dining area where privacy permits social service speakers to visit the group and explain various programs.

All interested seniors are urged to join the program and enjoy the fellowship and services offered. Perhaps you will feel as Eufimia does, "When I come here I know I might be old, but sometimes I feel about 15."

Each Loaves and Fishes center is as unique as its members. Yet, there is a common goal and structure that unifies them all. An office in downtown Portland (1817 NE 17th, 288-8351) is maintained as a focal point of support. Here, administration, staff management and developmental planning take place under

the guidance of Executive Director, Richard Mastbrook. Each center has a staff of trained managers, cooks and cateresses. A steering committee, composed largely of volunteer group members, oversees daily operation. A member from each steering committee sits on the Board of Directors to help set general program policy.

Carole Spearou is on central staff. She is assigned to Washington County to help each program in whatever ways she can. She consults with center personnel, promotes county-wide coordination of Loaves and Fishes programs and works with other agencies in planning aging and related services.

Thirty-three Loaves and Fishes centers are presently operating in the Portland Metropolitan area. Most of them, including three in Washington County, receive their food from a central kitchen, located in Portland. Here, under the guidance of a nutritionist-dietician, and a food service manager, the meals are carefully prepared to provide one-third to one-half of the daily nutritional requirements of older people.

Work begins well before dawn as cooks labor over the day's meal. Drivers arrive early to pick up the food and deliver them to centers. Then, center cooks and cateresses take over, packaging Meals-on-Wheels and preparing attractive plates for center participants.

This is a massive undertaking, for nearly 2000 meals are prepared each day. The quality of the food as well as the lowered expense in preparing large quantities enables the Loaves and Fishes program to serve an amazing number of elderly (about 400,000 meals are served yearly) - - and to serve them well.

All centers provide supportive services to their participants. Transportation, shopping assistance, health and welfare counseling are vital to the well-being of the elderly. Social service speakers make regular appearances to provide information and make appropriate referrals. Screening vans from the American Cancer Society, visits from Public Health nurses and Social Security workers - these are just a few of the services offered. They help insure that the elderly receive the vital information and help they may require.

All centers in Washington County are open Monday through Friday, from 10 a.m. until 2 p.m. Meals are served at noon and seniors donate what they can towards the cost of the meal. All seniors and concerned community members are cordially invited to attend. Or, as one participant said, "Throw away your rocking chair - you won't need it once you get to Loaves and Fishes. We've got the best food, the nicest people, and the most exciting activities in town."

Laurie Inacy

FOREST GROVE SENIOR CENTER also offers a program of daily (Monday, Tuesday, Thursday and Friday) meals. The meal starts promptly at noon and approximately 25 to 30 seniors enjoy a nutritious lunch, good company and learn of activities which they can enjoy and participate in.



Kitchen crew at the Forest Grove Senior Center are (standing, l. to r.) Rose Slaughter, Mrs. Geiger, Mr. Geiger. In foreground is Penny McCorkel, who teaches quilting at the Center.

Transportation to the Center is available, as well as to the other places a senior needs to visit.

A Meals-On-Wheels Program is also operated out of the Center and special dietary needs are taken into account.

The Forest Grove Senior Center is excited about their program and anxious to share it. They can be reached at 357-2021.



Washington County Community Action Organization 648-6646  
546 SE Baseline  
Hillsboro  
8:30am-5pm

Consumer advocacy for Welfare, Food Stamp, Social Security, and other problems.

- Discrimination services
- Emergency Shelter House
- Gleaning Project (seasonal)
- Home Maintenance
- Winterization of Homes
- Juvenile rights
- Translators Bureau
- Rural Awareness Project

Centro Cultural 357-8231  
648-4815

110 Adair Street  
Cornelius  
9am - 6 pm/Monday-Saturday  
Loaves & Fishes meal program for elderly (pay-as-you-can). Gives food and clothes which have been donated. GED classes at night, Theology class, and library of Spanish and English books for adults and children.



**Washington County Legal Services**  
648-7163

205 E. Main Street  
Hillsboro  
8:30am-5pm  
Provides Legal assistance to low income persons having consumer, housing, insurance, or other non-criminal legal problems. Call for appointment.

**Metropolitan Public Defenders**  
640-3413

107 SE Second Ave.  
Hillsboro  
8:30am-5pm  
Provides legal assistance and related services to low income clients involved in criminal cases.

**Counseling**

**Tualatin Valley Guidance Clinic**  
645-3581

14600 NW Cornell Road  
Portland  
8am-5:30pm/Mon,Wed,Fri.  
8am-9pm/Tues, Thurs.  
Gives counseling for marriage and mental health related problems. Coordinates services for developmental disabilities and alcohol problems. Individual and group therapy, parent training, and educational services available in evening. Charge is according to income.

**Metropolitan Family Service**  
648-5717

168 NE Third Ave.  
Hillsboro  
9am-5pm/weekdays  
24-hour answering service  
Provides marriage, sex, group and individual counseling, family life education, crisis intervention, and voluntary commitment. Bilingual counselor. Charge is according to your ability-to-pay.

**CALL FOR HELP**

**Education**

Washington County Head Start 648-6646  
Office: 546 E. Baseline  
Hillsboro  
Sunset Center:  
17625 NW Cornell Road  
Beaverton  
9am-12:30pm/Mon-Thursday  
Field Trips - Fridays  
Educational program for preschool children(3-5 years) with special needs or from low-income families. Developmental medical, dental, hearing, and vision screening, and supportive services also provided.



West Tuality Day Care 357-7121  
2221 19th Ave 648-4200  
Forest Grove  
6:30am-6pm/weekdays(W.T. Center)  
24 hours/every day(Family Day Care)  
Child-care services provided for children 0-13 years old. Preference is for single-parent low-income working families, and the charge depends upon the family's ability-to-pay.

A Child's Place  
951 SE 13th Street  
Hillsboro, Or.  
648-8413  
640-2165  
7AM - 6PM Weekdays  
Bilingual day care and pre-school program for children 3-5 years. Special education, language development, reading readiness for children with special needs. Day care services available on ability to pay basis.

Washington County Cooperative Library Service 645-5112  
mailing address: P.O. Box 5129  
Aloha, Or. 97005

Neighborhood Library(at Town Center)  
185th Ave. + Sunset Hwy.  
9:30am-4:30pm/weekdays  
Many books(mostly paperbacks) are available by mail to elderly, handicapped, and shut-in persons, as well as all rural boxholders. Catalog available. No mailing costs!

Portland Community College  
Main Campus  
12000 SW 49th Ave.  
Portland 244-6111  
Forest Grove Center  
1925 Elm Street 357-6111  
PCC Southwest Center  
13137 SW Pacific Hwy.  
Tigard 639-6110  
Beaverton Area 297-4531  
3670 SW 78th Ave.  
Adult Basic Education(catalog available), GED preparation and testing, English, Spanish, Group or individual learning, counseling, occupational program, courses for seniors



**Medical Services**

Virginia Garcia Memorial Health Center 648-1455  
142 N.11th Ave.  
Cornelius  
2-6pm/Monday-Friday  
Provides primary medical services to anybody who needs medical care, regardless of their ability to pay.

Outside-In Free Clinic 223-4121  
1236 SW Salmon  
Portland  
24-hour answering service  
Times vary for these services: pregnancy testing, abortion counseling, medical clinics, psychological counseling, mobile crisis intervention, and general referrals. You should call first.

St. Vincent Family Medical Care Unit 297-4411  
9205 SW Barnes Road  
Portland  
10am-10pm/ every day  
Services are available to anybody who needs medical care, regardless of their ability-to-pay.

Washington County Dept. of Public Health 648-8881  
Administration Bldg.(lower level)  
150 N. First Ave.  
Hillsboro  
8am-noon,1-5pm/weekdays  
Health Education, Nutrition Consultation, Home Health Care, Home Nursing Visits, Hearing Tests, Chest X-Rays, Immunizations, Laboratory testing, Rehabilitation Equipment Center  
Family Planning Clinics  
Pre-Natal + Post-Natal Classes  
Tuberculosis Clinics  
Venereal Disease Clinics  
Child Development Clinics  
Dental Clinics  
0-21 years(welfare clients only)  
Medicheck Clinics  
0-21 years(welfare clients only)



**Jobs**

Multnomah-Washington County Manpower Consortium  
Adult Program (22 years and up)  
451 S. First Ave. Suite 500  
Hillsboro CETA 640-1781  
Youth Program (14-22 years)  
655 E. Baseline  
Hillsboro  
Provides listings of job openings and places low-income, low-skilled, underemployed, and unemployed people in jobs. Provides any training, educational, or medical services necessary to prepare clients for employability; as well as any needed supportive social services. Appointment required:

Division of Vocational Rehabilitation  
232 NE Lincoln St. 648-7114  
Hillsboro  
8am-5pm/weekdays  
Helps rehabilitate any individual with a disability which constitutes a vocational handicap. DVR will purchase any medical services or treatments necessary to prepare for employability.

Employment Division 648-8911  
229 S. First Avenue  
Hillsboro  
7am-5pm/weekdays  
Employment and educational counseling, information on job opportunities, job placement, Job Corps(16-21 years), and unemployment compensation

KIDS FOR HIRE  
12850 SW 3rd(3rd + Main)  
Beaverton 644-5437  
1925 Pacific Avenue  
Forest Grove 357-5437  
9am-5pm/weekdays  
Provides referral service between kids(14-21years) and employers.

**Housing**

Housing Authority 648-8511  
of Washington County  
245 SE Second Ave.  
Hillsboro  
8am-noon, 1-5pm/weekdays  
New federally subsidized housing program to assist eligible persons who need housing at a reasonable rent. Services are available for low-income families, handicapped, disabled and elderly persons. Application required soon! Low-cost and leased housing program has a waiting list.

Oregon Rural Opportunities  
529 SW 10th Avenue  
Hillsboro 648-0655  
Vocational, college, ESL, and GED educational services.

Aid in finding housing and in finding a job. Aid in filling out forms. Transportation in emergencies only.

Recycling Switchboard 229-5555

Tri-Met 233-3511

C.A.R.P.O.O.L. 227-7665

Crime Watch 648-8697

Mental Health Care Staff 648-8730

**Food**

Expanded Food and Nutrition Education Program 648-8656  
27280 SW Tualatin Valley Hwy.  
Hillsboro  
8am-5pm  
Provides nutrition education to low-income families for meal planning, food buying, and food storing. Will make home visits. Call first.

Food Stamps 648-0711  
Washington Public Welfare Branch  
560 S. Third Ave.  
Hillsboro  
8am-noon, 1-5pm  
Apply in person(call for appointment first). An applicant needs proof of income, rent cost, permanent address, paid medical expenses, and utility bills.

W.I.C. Food Program 640-3555  
Dept. of Public Health  
County Admin. Bldg.(lower level)  
150 N. First Ave.  
Hillsboro  
9am-4pm/weekdays  
For low-income women who are pregnant, nursing, or have children under five. Women receive W.I.C. food coupons that buy milk, eggs, cheese, fruit juices, iron-fortified cereals, and instant formula. Call for appointment.



**OPENING MARCH 6**  
Vital Vittles Food Co-op

1635 SW Tualatin Valley Hwy.  
Hillsboro

North Plains Food Buying Club  
Commercial Street(next to Post O.)  
North Plains 647-5666  
Mon.-Sat./9am-6pm  
Must order food ahead.  
Open to anyone.

Milk & Honey Non-Profit Food Store 638-6227  
18930 SW Lower Boones Ferry Rd.  
Tualatin  
Store hours: M, W, F./11am-6pm  
Tu,Th,Sat./11am-5pm

Hope Food Co-op 324-3803  
Buxton  
Store hours: Thursdays/5-9pm  
Fridays/1-9pm  
Saturdays/10am-6pm  
Sundays/1-5pm

\*Take Sunset Hwy. to Rocket Station near Vernonia Jct. Turn right and go 1/2 mile up Fisher Road.  
Freezer lockers also available.

**Elderly**

Washington County Agency on Aging 640-3489  
Council on Aging  
Room 406 Admin. Bldg.  
150 N. First Ave.  
Hillsboro  
9am-5pm/weekdays  
Supervision of Aging programs  
Tri-Met Discount Passes for seniors  
Referrals for all services available for older persons (648-8720)

Aloha Senior Citizens  
18380 SW Kinnaman Road  
Aloha 649-5677 (or 649-2217)

Elsie J. Stuhr Adult Leisure Center  
5550 SW Hall Blvd.  
Beaverton 643-9434  
Meals-on-Wheels - Anne Schmidt  
(644-7321)

Forest Grove Senior Center  
2032 College Way  
Forest Grove 357-2031  
9am-4pm/weekdays  
Activities, lunches, meals-on-wheels  
Forest Grove Senior Transportation serves all of Western Washington Co.

Grandma's Corner  
110 Front Street  
Gaston 985-7570  
10am-5pm/Mon-Saturday

Community Senior Center of Hillsboro 648-3823

372 NE Lincoln Street  
Hillsboro  
10am-2pm  
Hillsboro Senior Bus 648-1414  
serves Hillsboro, Laurel, Mountindale, North Plains, Orenco, Reedville, and Scholls

Retired Senior Volunteer Program R.S.V.P. 648-9828  
357-6111  
1925 Elm Street  
Forest Grove  
8:30am-5pm

Tigard Loaves and Fishes Senior Center 639-3273  
10445 SW Canterbury Lane  
Tigard  
10am-2pm/Mon,Tu, Wed, Fri.  
Tigard Mobility Transportation Services

Social Security Administration 643-9617  
10700 Beaverton-Hillsdale Hwy.  
Beaverton  
9am 4:30pm  
Retirement Benefits(62+ years old)  
Disability Benefits  
Supplimentary Security Income  
Survivor's Benefits

Washington County Government 648-8611  
County Courthouse, Hillsboro

Public Welfare Division 648-0711  
560 S.Third Ave.  
Hillsboro  
8am-5pm/weekdays  
Financial assistance, medical assistance, and supportive services for persons who are incapacitated, disabled, blind, or with dependent children.

Children's Services Division 648-8951  
326 NE Lincoln Street  
Hillsboro  
8am-5pm/weekdays  
Some Social Services are available only if the families of children are receiving Public Welfare. Other services are available even if families are not getting any money from Welfare. The services are related to: Adoption, Education, Child Care, Employment and training, Housing, Paternity support, homemaker, health, money management, and emergency assistance problems.



We depend on our readers to help us keep this information up-to-date. If you have any corrections or additions for this page, call The Rural Tribune at 648-6646. Thanks.

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