



CAP NEWS

Washington County Community
Action Organization, Inc.
558 S. E. 10th Avenue
Hillsboro, Oregon 97123

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MULTI-SERVICE CENTER

2033 "B" Street - Tel. 357-6109
Mailing Address - P. O. Box 26
Forest Grove, Oregon 97116

The Green House on "B" Street might be a song title or the name of an interesting book; however, for us it brings to mind Washington County Community Action's new Multi-service Center in Forest Grove. An old house, neglected, in need of paint, with over-grown shrubs, tall grass, and looking abandoned, has been transformed into a pleasant, neat and hospitable center, through efforts and hard work of many people. The center is now fully staffed, and thanks to Jerry Anderson, Program Director; Mel Chrisman and Retta Knothe, Resource Specialists; Jan Spencer and Jeanette Steward, Community Workers; and Melba Winters, Secretary/Receptionist, who had a painting party the last part of September, the unkempt house at 2033 "B" Street has disappeared. It has been replaced by a building painted an attractive shade of green with a darker green contrast. Shrubs have been trimmed, grass cut and a large side yard is being prepared for off-street parking.

William P. Cody, the brother of Mrs. Jo Britton - one of our most active board members, performed a much appreciated service when he designed and made a sign for the WCCAO - Multi-service Center. His fine work is not only in place at the Center in Forest Grove, but will soon be identifying the WCCAO - C & A Office in Hillsboro, and the four community centers in Washington County.

Color the rest of us "green" with good-natured envy for the lucky people working in this pleasant friendly atmosphere. Under the direction of Jerry Anderson, the staff has created a relaxed and friendly facility. Draperies are hanging at the windows in the front office, the north windows have had open shelves added to hold colorful knick-knacks and a place for the coffee pot - always available for visitors to the center.

The Center consists of a reception room office, and three other rooms to be used as private offices for the director and resource staff members, and other services as needed. The kitchen has been left as it is, keeping in mind its possible use for meetings and perhaps, Extension Service classes as programs get under way. Adjoining the kitchen is a large sunny alcove with windows on three sides, which will be suitable for meetings and group discussions.

Staff members of the Multi-service Center who are new to Washington County Community Action are Mrs. Janet Spencer and Miss Jeanette Steward as Community Workers, and Mrs. Melba Winters, Secretary/Receptionist.

Jan has had previous Community Action experience in Lewiston, Idaho, where she served as Director of Homemaker Training. In this position she taught home management classes to women from low-income families and supervised the CAA Day Care Center. Jan has also taught high school Home-Ec classes and other subjects for three years. Her home life is kept busy and interesting, aided by three children, ages 6, 8 and 12 years old. Her husband was recently transferred to Oregon from Idaho and is employed by Potlatch Forest, Inc. with offices in the Sylvan area near Beaverton.

Jeanette, the other Community Worker, comes to Washington County Community Action from the Tongue Point Job Corp Center located at Astoria, Oregon, where she was employed for the last year. She worked in the residence halls and as an assistant in the group testing department.

Mrs. Melba Winters, Secretary/Receptionist, formerly worked at Pacific University as secretary to the Athletic Department. She and her husband, who works for the Oregon State Forestry Department, have lived in Forest Grove for 19 years. Her son, Gary, is a freshman at Forest Grove High School.

Development of use of the Multi-service Center is far from complete, as a major part of the duties for which it will be used are awaiting the completion of the Master Resource Directory. The next meeting of the Steering Committee, composed of representatives of agencies and organizations of Washington County, will be held on October 29, in the Courtroom of the County Juvenile Department. At this time progress in preparation of the Directory will be evaluated, and further program development as it pertains to the Forest Grove Center will be discussed.

Through the October issue of our Newsletter we have attempted to give you a word picture of the Multi-service Center. The Center is open five days a week from 8:30 a.m. to 5:00 p.m., and the welcome mat is always out. Everyone is cordially invited to drop in for a cup of coffee, a visit, or to get information as a source of help in solving a problem.

HEAD START NEWS ARTICLE

John Ulrich, Head Start Director

The business of children is PLAY.

.....And that business has no real age limit. Adults engage in play just as much, in their way, as do children. The major difference is that, USUALLY, adult play is somewhat directed, self-directed or otherwise. Children's play, if left to themselves is less directed. To the non-remembering eye and mind of the adult, most children's play looks like chaos. To the children engaged in it, their undirected play makes perfect sense.

Head Start, and all good nursery schools and kindergartens, capitalizes on the inherent ability of children to play, to improvise, to make use of the useless. Head Start uses the business of play as a major part of the business of learning. PLAY, in Head Start, is very carefully planned (although the children do not know that), and subtly directed by all of the staff so that in the process of having a good time the children are also learning essential things. Even the term Free Play is not really what it says semantically. What it really means is that carefully planned play in a variety of ways is provided and the child is free to choose WHAT play he wishes. He is guided into some activity that will enhance his learning in the least painful way.

In this way, the natural inclination of the child becomes his main avenue for learning when he is a pre-schooler in Head Start.

HOPE COMMUNITY CENTER (Area) NEWS:

Sunset Grange Building - Telephone 324-3455
Sunset Highway - Manning, Oregon 97125

Fire destroyed the trailer home of Kirk and Bea Kuykendall, September 17. Bea and the two younger children were at home when the fire started, but they escaped before the

flames had reached the back bedroom where the children were sleeping.

Within two hours generous neighbors and several local churches had responded to an appeal for help for the family. Mrs. Roy Tudor offered her living room to be used as a storage depot until Bea and Kirk had a new home, and over and over again people were heard to say "they were so glad they could do something for the Kuykendall's, who had always been so willing to help others, and had done so much in time and effort for civic and community projects". An example of the unselfish attitude of Bea and Kirk is well-demonstrated even on the night of the fire. They had planned to attend the monthly Board Meeting for Washington County Community Action, and no one expected them to be present, however, they did attend - in borrowed clothes - and participated in the meeting as they had originally planned to do.

The Kuykendall's asked that their gratitude and thanks be extended to everyone who helped them, and also asked that we let everyone know they have purchased a new trailer, which has been placed on the same site as the old one.

Hope Community Center Council met September 9, at the Manning Grange Hall. A proposed slate of officers was presented, to be voted on at the next meeting, which will be held October 16, at 8:00 p.m. At that time nominations will be accepted from the floor, and all interested persons are invited to be present.

Nominations made at the September 9 meeting were: William Hopson, Chairman; Lee Peace, Vice-chairman; Carol Thomas, Secretary.

Also on the agenda for the October 19 meeting are discussion and naming of priorities for our area, further action on our youth group activities, and presentation and/or discussion of new business anyone wishes to bring before the council.

Our new part-time secretary is Mrs. William (Theresa) Carson, who lives at the top of Hayward Road. She is doing a fine job filling in for Bea Kuykendall, who had been working for only three days before the fire. We are very pleased to have Theresa helping us.

The following referrals were made by Hope Center during September: Five children were taken to the Children's Dental Clinic in Aloha. One family was referred to the Tualatin Valley Guidance Clinic, and one family was referred to the Medical School.

TRI-CITY COMMUNITY CENTER (SHERWOOD) NEWS:
105-115 N. W. 1st - Tel. 625-6893
Sherwood, Oregon 97140

GED: Mrs. Hunnecut of Sherwood is volunteering her time to do home tutoring. She began classes in her home September 10.

Henry Truax of Beaverton has volunteered to serve as the instructor of a new GED Class at the center. First class will be Wednesday, October 1. We very much appreciate the help these people have given us.

Employment: Eight job referrals were given this month. Four persons found employment.

Clinics: An Immunization clinic was held September 25 from 9:30 to 11:30. The American Legion Hall was donated for the clinic. We furnished transportation for three families.

Our thanks to Dr. Stewart and nurse, Helen Kivett for an excellent job. Also thanks to volunteer Mrs. Neta Cunningham for helping.

Transportation was furnished for thirteen children to the clinic (Dental) in Aloha. Applications are still being taken by Minnie Haynes for children who need dental work, however, there is a month delay on new appointments except for emergencies.

Abundant Food: Twelve families had food picked up and delivered to them by our office this month. These are all families who do not have their own transportation.

Housing: Two more families are in the process of applying for loans for purchase of homes through the Farmer's Home Loan.

We continue to have families looking for rentals. One family in particular is in need of housing immediately. They must move as soon as possible. They need a three or four bedroom house that can be rented for \$85.00 a month. Please phone our office if you know of a house that could be rented by this family. Telephone No. 625-6893,

Emergency Help: Help was arranged through Welfare for a family with six children whose father was in the hospital.

Clothes Closet Donations: This month in-kind contributions to our office totalled \$2,162.27. Of this total amount, \$1,464.87 was the value of dishes donated by Sweetbrier Inn, which we greatly appreciated. These dishes are being used in Forest Grove at the Day Care Center, by Head Start, the Multi-service Center, and our Tri-City Community Center restaurant.

Head Start: Many persons have phoned for information about Head Start. Classes are scheduled to begin at Metzger, in the West Hills Unitarian Fellowship, located at 8470 S.W. Oleson Road on Monday, October 13. Children must be five before November 15, 1969. Help is needed for transportation, class room aide or with preparing meals. If you can volunteer your help or wish further information, call the Tri-City CAP office, 625-6893.

Youth Center: A Teen Dance was held Saturday 27 at J. Clyde Hopkins Elementary School. The "Lost Dimensions" Band played. Sixty-six teens attended. After all the expenses, a small profit of \$7.00 was realized. Chaperones who volunteered were Mrs. Lou Saleen, Susan Berry, Steve Sammler and Milton Tiner. Pam Branagan, Sue Long and Ruth Tiner from our office also chaperoned.

We very much appreciate those who volunteer their time to chaperone. Without these people there would have been no dances or Teen Center. Anyone willing to help please let us know for future events.

UPPER TUALATIN COMMUNITY CENTER NEWS (Gaston)

104 Front Street - Tel. 985-8851
Gaston, Oregon 97119

There will be an immunization clinic at the community center on October 2, and we hope to have quite a few children at the clinic, as flyers were sent home to the parents through distribution at school.

Mary Embree, Community Aide for the Community Center at Gaston, resigned, effective September 17, to be at home with her family. We are pleased to welcome Jerry Nutt, who has been hired to be the new "Community-Worker" for our Center. Jerry and Ray Lang from Cherry Grove will be attending the WCATI Community Planning Conference at Pacific University on October 1 and 2.

At our monthly meeting of the Upper Tualatin Community Center Council, there was much discussion about the property which has been acquired for the Cherry Grove Center. Cement has been donated for the foundation and slab for the new center. Jim Loader and his father-in-law, Frank Huggett have volunteered to do this cement work. Both of these men have offered to do this work due to the great admiration they have for our Head Start Program. Their offer, according to them, is a way of saying "thank you" for the Head Start Program held at Cherry Grove this last summer.

Through the efforts of Jo Britton and Lorraine Lang, an attempt is being made to find an organization to sponsor a Head Start Program in the Gaston area, as a community cooperative effort. Reverend Demara has offered his services as they might be needed. Transportation has been promised through Washington County Community Action, if Upper Tualatin Community Center can furnish a driver. The Head Start class will be located in a private home in Cherry Grove if we are able to get the program going as a sponsored Head Start Program.

Jo Britton reports that if it is necessary, she will personally solicit contributions from business and private sources to provide the needed program.

This year, for the first time, the Gaston-Cherry Grove area is participating in the Mother's March for the Aloha Center for Retarded Children on October 1 and 2. The Community Center at Gaston will be open to receive donations as they are brought in by the volunteers and will see that they are delivered to the receiving station.

FAMILY FORUM:

Do you feel your day never ends? Do your kids give you an Excedrin Headache? Lets talk it over.

The Family Counseling Service and Head Start are having a Family Forum for Mothers of Pre-school age children. Discussion leader is Celia McKinney. The Forum starts October 2, and runs for eight weeks at the United Methodist Church in Forest Grove, 2213 - 18th Avenue, from 10:30 a.m. to 12:00 noon.

Pacific University students will sit the kids so we can talk once a week.

Call the CAP office, Tel. 648-7169, and leave your name and phone number or come along on the first Thursday you can.

See you there-----

Arlene Deming, Head Start
Community Services Coordinator

NORTH PLAINS AREA DEVELOPMENT ORGANIZATION (Community Center News)
Commercial Street (next to Post Office) Tel. 647-5515
North Plains, Oregon

The GED Class schedule for the fall session is as follows:
Monday, Wednesday and Friday at the North Plains Center - Class Time: 10:30 a.m.
Tuesday and Thursday at Hope Community Center (Sunset Grange-Manning) - Time: 7:30 p.m.
Roy Vann, Community Worker at North Plains will be the instructor for the GED classes at both of these locations.

SPECIAL NEWS ITEM:

RUMMAGE SALE .

WHERE: All Saints Episcopal Church
4th & Lincoln
Hillsboro, Oregon

WHEN: Thursday, Friday and Saturday
October 9, 10 and 11

Rummage Sale Information (continued)

TIME: 9:00 a.m. to 5:00 p.m. on October 9 and October 10.

From 7:00 to 9:00 p.m. on October 10 all articles will be marked down to half price.

From 9:00 a.m. to 3:00 p.m. on October 11 all articles will continue to be sold at half price.

From 3:00 p.m. to 4:00 p.m. on October 11 all articles left to be sold will be \$1.00 a bag.

Mental Health Assn. of Oregon
718 W. Burnside - Tel. 228-6571
Portland, Oregon

NEWS RELEASE

A nationally-known authority on the mental health needs of children, George Tarjan, M.D., Los Angeles, professor of psychiatry at the UCLA School of Medicine and School of Public Health, will be the featured speaker at the annual meeting of the Mental Health Association of Oregon, Friday, October 17, at the Sheraton Motor Inn, Portland, announces Clifford C. Comisky, Association President.

Dr. Tarjan will describe activities and recently-released recommendations of the Joint Commission on Mental Health of Children, on which he served. The Mental Health Association of Oregon, a United Good Neighbors and Oregon United Appeal Agency, is vitally interested in the commission's studies and has made mental health needs of children one of its top priority concerns, points out Mrs. Ruth C. Hocks, general chairman of the annual meeting.

The Joint Commission, established by the 89th Congress in 1965, was charged to develop a program of research into and study of the nation's resources, methods and procedures for diagnosing and preventing emotional illness in children, and of treating, caring for, and rehabilitating children with emotional illness. Dr. Tarjan was a member of the Joint Commission's 54-member board of directors. He was also a member of the Council on Childhood Mental Illness of the National Association for Mental Health, which disagrees with some of the priorities established by the Joint Commission's report.

Dr. Tarjan's luncheon appearance at the MHAO annual meeting will be only one feature of a day-long event which will include panel discussions on self image and movies on mental health. Reservations for the meeting, which is open to the public, are being handled by the MHAO office, 718 W. Burnside, Portland, phone 228-6571.

CALENDAR OF COMING EVENTS, MEETINGS, CLASSES - October, November 1969

Monday	October 6	- "Conversational Spanish" Class @ 7:00 p.m. Old Hillsboro High School. (Check with instructor for possible new schedule)
"	" 6	- GED Classes - Community Action Office --- Hillsboro. Time: 7:00 p.m.
"	" 6	- Special Programs Committee Meeting @ 8:00 p.m. Location: Multi-service Center at Forest Grove.
"	" 6	- GED Class - North Plains Center. Time: 10:30 a.m.
Tuesday	" 7	- GED Class - Hope Community Center (Manning) Time: 7:30 p.m.
"	" 7	- GED Class - Gaston at Upper Tualatin Community Center. Time: 7:30.
Wednesday	" 8	- Home tutoring, Mrs. Hunnecutt. Time: 1:00 p.m. Contact Tri-City Center 625-6893 for information.
"	" 8	- Manpower Meeting at CAP office. Time: 7:30 p.m.
"	" 8	- Head Start Director's Meeting. University of Oregon- Eugene
"	" 8	- No. Plains GED CLASS. Time: 10:30 a.m.
"	" 8	- Sherwood GED Class. Time: 7:00 p.m.

CALENDAR (Continued)

- Wednesday---October 8 - Hillsboro GED, 7:00 p.m.
- Thursday--- " 9 - Family Forum at Methodist Church, Forest Grove. Time: 10:30 a.m.
 - Education Committee at CAP office, Hillsboro. Time 7:30 p.m.
 - GED Class at Hope Community Center, Manning. Time 7:30 p.m.
 - GED Class at Upper Tualatin Community Center (Gaston) Time: 7:30
 - Executive and Finance Meeting at Merrill's Restaurant. Time: 12:00
 noon
- Friday " 10 - "Professional Day" - Head Start Visitation- sponsored by O.E.A.,
 Orientation Workshops.
 - GED Class at North Plains. Time 10:30 a.m.
- Monday " 13 - Headstart Classes begin at North Plains and Metzger. (Late
 registrations will be accepted at both locations.
North Plains Headstart will be located at the North Plains
Community Center.
Metzger Head Start will be located at the West Hills Unitarian
 Church, 8740 S. W. Oleson Road
 - GED Class at County Extension office - Hillsboro. Time: 7:00 p.m.
 - Home Tutoring (Sherwood Area) Mrs. Hunnecut. Time: 1:00 p.m.
 - GED Class at North Plains. Time 10:30 a.m.
- Tuesday " 14 - GED Class at Hope Community Center, Manning. Time 7:30 p.m.
 - GED Class at Upper Tualatin Community Center, Gaston. Time: 7:30
- Wednesday " 15 - Tri-County Community Council at Kelly's Restaurant. Time: 12:00
 noon
 - GED Class at North Plains. Time 10:30 a.m.
 - GED Class at Sherwood. Time 7:00 p.m.
 - GED Class at Hillsboro. Time 7:00 p.m.
 - Washington County Community Action Board Meeting in the Fellowship
 Hall - Congregational Church (tentative location) Time: 8:00 p.m.
- Thursday " 16 - Family Forum at Forest Grove Methodist Church. Time 10:30 a.m.
 - GED Class at Hope Center. Time: 7:30 p.m.
 - GED Class at Gaston. Time 7:30 p.m.
 - Hope Area Community Center Council Meeting at Manning. Time: 8:00
- Friday " 17 - Staff Meeting (all programs) Time: 2:30 p.m. Location - Multi-
 service Center at Forest Grove.
 - GED Class at North Plains. Time: 10:30 a.m.
 - Home Tutoring (Mrs. Hunnecut) Sherwood area. Time: 1:00 p.m.
- Monday " 20 - Social Dynamics- Career Development, Head Start at Holiday Inn,
 - Home Tutoring (Mrs. Hunnecut) Sherwood area. Time 1:00 p.m. Eugene
 - GED Class at North Plains. Time 10:30 a.m.
 - GED Class at Hillsboro. Time 7:00 p.m.
- Tuesday " 21 - Social Dynamics - Career Development, Headstart at Holiday Inn -
 Eugene.
 - GED Class at Hope Center. Time 7:30 p.m.
 - GED Class at Gaston. Time: 7:30 p.m.
- Wednesday " 22 - GED Class at ~~North~~ Plains. Time: 10:30 a.m.
 - " " " Sherwood. Time 7:00 p.m.
 - " " " Hillsboro. Time 7:00 p.m.
- Thursday " 23 - Family Forum at Forest Grove Methodist Church. Time 10:30 a.m.
 - Home Tutoring (Mrs. Hunnecut) Sherwood area. Time: 1:00 p.m.
 - GED Class - Hope Center. Time: 7:30 p.m.
 " " Gaston Center. Time: 7:30 p.m.
- Friday " 24 - " " North Plains Center. Time: 10:30 a.m.
- Saturday " 25 - Teen Dance at St. Anthony School - Tigard. Time: 8 p.m. - 11 p.m.
- Monday " 27 - Home Tutoring (Mrs. Hunnecut) Sherwood area. Time: 1:00 p.m.
 - Health Committee Meeting at CAP office Hillsboro. Time: 8:00 p.m.
 - GED Class North Plains Center. Time: 10:30 a.m.
 - " " Hillsboro. Time: 7:00 p.m.

CALENDAR (Continued)

- Tuesday -- October 28 - Tri-City Council Meeting at Community Center. Time: 8:00 p.m.
 - GED Class - Hope Center (Manning). Time: 7:30 p.m.
 - " " - Gaston. Time: 7:30 p.m.
 - Housing Committee Meeting at CAP office, Hillsboro. Time: 8:00 pm
- Wednesday " 29 - Multi-service Center Resource Strategy Meeting at Juvenile Dept. Courtroom. Time 9:15 a.m.
 - GED Class at North Plains. Time: 10:30 a.m.
 - " " " Sherwood Center. Time: 7:00 p.m., Mr. Truax-Instructor
 - " " " Hillsboro. Time: 7:00 p.m.
- Thursday " 30 - Family Forum at Forest Grove Methodist Church. Time 10:30 a.m.
 - Hope Center - GED Class at 7:30 p.m.
 - Gaston - " " at 7:30 p.m.
 - Home Tutoring (Mrs. Hunnecut) Sherwood area. Time: 1:00 p.m.
- 31 - GED Class at North Plains. Time: 10:30 a.m.

The GED Class Schedule for November is as follows:

Monday -- North Plains at 10:30 a.m.; Extension Office at Hillsboro - 7:00 p.m.;

Tuesday- Hope Community Center (Manning) at 7:30 p.m.; Gaston at 7:30 p.m.

Wednesday - North Plains at 10:30 a.m.; Sherwood at 7:00 p.m.; Hillsboro at 7:00 p.m.

Thursday - Hope Center at 7:30 p.m.; Gaston at 7:30 p.m.

Friday - North Plains at 10:30 a.m.

Home tutoring by Mrs. Hunnecut will have schedule for November announced at a later date.

ART CLASSES ARE HELD AS FOLLOWS: Mondays (every week) Evelyn Crook, Instructor, at the Upper Tualatin Community Center (Gaston) Time 10:30 a.m. to 2:30 p.m. (adults only)
Children's Class - Cherry Grove School on Saturdays from 10:30 a.m. to 2:30 p.m.

Council Meeting dates to late to insert in Calendar:

October 9 - North Plains Area Development Council at Community Center. Time 7:30 p.m.

October 20 -; Upper Tualatin Community Center Council Meeting at Community Center -
 Time: 8:00 p.m.