



GAP NEWS

Washington County Community
Action Organization, Inc.
558 S. E. 10th Avenue
Hillsboro, Oregon 97123

Vol. 3, No. 10
November, 1969

CONCERNS OF A HEAD START DIRECTOR

Head Start has nine consulting firms, each with government contracts that probably total several hundred thousand dollars, if not millions. What they do with that money is the first question. The second is why?

FUND (Foundation for Urban and Neighborhood Development) is one. Its purpose is to train Head Start parents, or provide for their training. At a Head Start Directors' meeting in Eugene in October, we were informed that FUND had no money to defray those parents' expenses. FUND'S money is for training staff. We already do that. There was no response when we informed the FUND representative that we had no money to pay parents' expenses, either.

Last spring we attended a conference at Berkeley, California, on Career Development, conducted by EPI (Education Projects Incorporated). EPI paid delegates expenses. At that time we were introduced to a man from Social Dynamics, who informed us that Social Dynamics had been awarded a contract for Career Development...replacing EPI, which, so far as Oregon was concerned was doing a creditable job already. The man told us that we would be hearing from Social Dynamics in August. We heard...we received a news letter.

In October, we received an invitation for a two day meeting at the Holiday Inn in Eugene, but very carefully stated in the invitation was the fact that Social Dynamics had no funds for delegates expenses! Except for deficit spending, neither did we. There is another interesting sidelight to this little incident: Social Dynamics asked the Regional Training Officer for Oregon to arrange for a place to meet, but, very conveniently, failed to invite the RTO to the meeting. It would be interesting to know why the Head Start Training Officer for Oregon was not invited to the meeting; or how much it cost Social Dynamics for a conference at the Inn instead of the University. As far as we know, this is all that Social Dynamics has done in Oregon since the Berkeley meeting.

VOLT is a consulting firm available to Head Start (upon request) for whatever need arises. VOLT'S services cost local programs nothing. We have made use of these services in the past and have been reasonably satisfied with the results.

What or who the other five firms are, I haven't the faintest notion. What they do, I know even less. Or why!

More than one Regional Training Officer has told me, or said in my presence, their entire time would be taken up with merely keeping the nine consulting firms straight, and out of their hair--- if they let it happen.

At the present time, we are in the process of writing the proposal for our new fiscal year, which begins in March, 1970. We will have no more money to conduct the upcoming program, than we had for this year---and it was no more, than was available for last year's program. A career development plan is required and we have one, a reasonably good

one - but it is useless. In order to give a raise to a staff member who deserves it by following the Career Development Plan, it would be necessary to cut services to **children**. This, we will not do, nor will we provide for cost of living increases, because it again would require cutting services to children. This summer, we received \$965.00 to cover Career Development raises for staff for the final five months of our current year. When we received the figures for our coming year's budget from San Francisco (OEO) those raises were not included. To all intents and purposes - those persons on the staff who received a raise according to their accomplishments under the Career Development Plan, will lose them at the end of February. Isn't that nice for morale?

It is not necessary for a Moratorium, nor to question NASA, or the other large, government spending programs. We do not have to go that far afield. All we need to do is question the hundreds of thousands and millions of dollars that go to "do nothing" consulting firms--a surfeit of them.

Training is important, training is necessary. To my way of thinking only one organization has done anything for us. This organization is Supplementary Training for Head Start, which is conducted by the Division of Continuing Education of the State System of Higher Education. It has done and continues to do a superb job---but it is the only one. The others have done nothing--and at great expense. Outside of the academic training provided through Supplementary Training, we have taken care of practically all other on-the-job and in-service training ourselves, with assistance from the Regional Training Officer.

If the over-abundance of so-called training contractors aren't interesting enough to question, how about some of the funded research and study projects? I read of one, for instance, in which it took two years to conclude that school psychologists need to affect environmental changes so that school programs more nearly fit the needs of the children! Any competent teacher could have reached that conclusion over a cup of coffee! For centuries, Education tried to fit the children to the program, and that NEVER worked. Head Start, at least in Washington County, has been fitting the program to the needs of the children ever since the first summer in 1967. That is one of the basic philosophies of Head Start, and it did not take a two year study to reach that decision - nor a study grant.

Yet, we cannot take a Head Start program to more than forty-five children out of the hundreds of eligible children in the county, because next year's budget hasn't a dime more in it than this year's budget.

John Ulrich
Head Start Director

MULTI-SERVICE CENTER

2033 "B" Street - Tel. 357-6109
Mailing Address - P. O. Box 26
Forest Grove, Oregon 97116

The staff of the Multi-service Center, with the two community workers assigned to the Upper Tualatin, Hope, and North Plains Area Councils, are rapidly becoming a well-organized team.

The respective members of this team have an impressive background of experience and knowledge which is being used to over-come problems that have plagued Washington County Community Action Programs in the past.

Tom Richardson has replaced Retta Knothe as Resource **Specialist**, primarily assigned to employment counseling, placement, follow-up and preparing proposals for manpower projects.

Tom is a native of the Metropolitan area, was a Vista worker in New Hampshire and worked as non-disabled Vocational Rehabilitation Counselor for Washington County Welfare for the past year.

When Retta decided to resume her career as a full-time mother and housewife, we advertised for her replacement - with the realization that the program had only four months remaining. The old adage "it pays to advertise" was certainly proved to be true. In this replacement of personnel, we received thirty five applications. In filling this position, it was felt that because of the increase in unemployment and the short time remaining for the funded program, we would have to consider ability to do the work immediately, by a person familiar with the economics and resources of Washington County and the Metropolitan area.

The priorities set by the Special Programs Committee, the Washington County Community Action Board, and the area councils representing the various community centers, certainly stress the need for education and employment in all parts of the county.

The Multi-service Center is being helped by five work-study students and an intern from Pacific University. Duane Wiegardt, a work-study student from Portland State University, is heading up the Multi-service Center survey of Resources for Washington County. Assisting Duane is Millie Jones, a Pacific University work-study student, and Linda Matson, who is the intern from Pacific University. Linda is a senior in Sociology and spends eight hours a week - for college credit, in a "Special Problems" project, supervised by Jerry Brickey of Washington County Welfare.

The Resource Committees, which are composed of representatives of agencies, civic groups, and private individuals of Washington County, are working diligently in guidance and development of the center's objectives.

Many staff members are enrolled in educational courses this fall, either to learn something new, increase their knowledge as it pertains to their job description, or for self-improvement and future goals.

Maxine Cox, secretary at the Upper Tualatin Community Center (Gaston) is enrolled in a course at Beaverton High School. Tom Nichols, community worker at the Hope Community Center (Manning) is studying "English Comp" at Forest Grove High School. This is a college credit course offered by Portland Community College, and is one of the subjects taken to areas where it is requested, instead of the students having to drive the long distance to the PCC campus. Tom Richardson and Jerry Anderson recently completed "Management by Objective", offered through the Division of Continuing Education. Jerry has also attended "Communication in Management", which was given through the Division of Continuing Education. Jan Spencer and Jeanette Steward attended a "Volunteer Workshop", sponsored by the Junior League of Portland, on October 13 and 14.

On October 1 and 2, WCATI (Western Community Action Training, Inc.) held training sessions at Pacific University in Forest Grove under the supervision of Emma Gross, WCATI Trainer. These training sessions included Orientation to Community Action Programs, and OEO standards, regulations and funding procedure. Those attending this two day training session included staff members from our four community centers, the Multi-service Center staff and council representatives - Bill Hopson, Hope Community Center (Manning); Ray Lang, Upper Tualatin Community Center (Gaston); Pat Smiley, Tri-City Center (Sherwood); and Gordon Lewis, North Plains Area Development Council. Hugh Rosenberg, WCCAO Executive Director and John Moses, Program Developer also attended the WCATI sessions at Pacific University.

Other employees, not directly involved with centers' operation are also registered for college credit courses offered through Portland State University and Portland Community College.

Arlene Deming, Head Start Community Services Coordinator, and Sande Brown, Secretary for C & A in Hillsboro, are attending a 3 credit course offered two nights a week through Portland State at Hillsboro High School. *Sande is also taking a 3 credit course at Portland State, working toward acquiring her Master's degree in Education. Through Head Start Supplementary Training, Arlene Deming is registered at Portland State and studying in the Certificate Program in Social Sciences. Jean Sorensen, M.I.S. Coordinator, is attending Portland Community College - studying Real Estate Practices, Theory and Math, hoping to acquire additional college credits for a degree in "Business". *The course offered at Hillsboro High is "Conversational Spanish", Instructor - Senora Rodriguez.

We have often thought of inserting recipes, using abundant foods, in our Newsletter, but for some unknown reason did not put our thought into action. Thanks to the encouragement of the Multi-service Center we are including the following recipe in this issue.

COTTAGE CHEESE
(utilizing Skim Milk)

2 cups powdered Skim milk

2 cups warm water

(Mix well, set in a warm place - between 80° to 100°, in a bowl.

Cover with cloth. When clabbered, place in cloth-an old salt sack or just regular cheese cloth will do----- squeeze out whey, and hang up to dry.

Low in calories, high in protein, and about half the price!

Submitted by Theresa Carson, Secretary
Hope Community Center

If anyone has recipes which they like and think might be helpful to users of abundant foods please give them to the community workers in the nearest community center or call the Hillsboro Office, Tel. 648-7169 and give them to the Newsletter Editor, Jean Sorensen. We can't promise to use all recipes each month, but will keep them on file for printing as space is available. "How about some of you good cooks sending in recipes which might be used during the coming holiday season?"

TRI-CITY COMMUNITY CENTER (Sherwood) NEWS:
105-115 N. W. 1st - Tel. 625-6893
Sherwood, Oregon 97140

Emergency Help: Three families were assisted in getting welfare help. Arrangements were made for an elderly man, age 96, to be cared for in a home for the aged in Hillsboro. Homer and Minnie Haynes visited him Sunday, October 26, and he seemed very happy with his new home. A year ago this man wouldn't consider going to a home, and most of Sherwood was concerned for his welfare. He was living in a very cold and damp building without enough fuel, bedding or food. It is good to know that he is finally being cared for properly.

Employment: Nine Referrals were given to persons seeking employment. Three persons were hired.

Abundant Food: Food was picked up and delivered to ten families who did not have their own transportation during the month of October.

Clothes Closet Donations: Furniture and clothing valued at \$186.00 was given to two families this month. Clothing valued at \$600.00 was donated to Goodwill Industries.

GED: Henry Truax is conducting classes each Wednesday night from 7:00 to 9:00 p.m. Anyone wishing to attend should call 625-6893 for additional information. Mrs. Hunnecutt of Sherwood continues to help with tutoring in her home.

Clinics: Thursday, November 20, there will be a well-child clinic at the Sherwood center from 1:00 to 3:00 p.m.

Transportation: Transportation was provided for one family for appointments at the Washington County Dental Clinic. Another person received this service to keep an appointment with their eye doctor. Three other families were assisted in finding volunteer transportation for necessary shopping trips.

Youth Center: More volunteers are needed if we are to continue keeping the youth center open on Friday nights until 9:00 p.m. and Saturdays from 1:00 to 9:00 p.m. We also need chaperones, over , for the teen dances. Anyone willing to volunteer to give their time - four to eight hours - please contact our Tri-city CAP office, 625-6893.

We would like to give a special thanks to the following people for their donated volunteer time during the Month of October: Rodney Henderson for plumbing help; Muriel Heffer for helping in the restaurant; Mr. Bryan for painting the restaurant sign; Homer Haynes for making the restaurant sign, and providing transportation, and helping with the restaurant plumbing; and Julie England for her typing help.

UPPER TUALATIN COMMUNITY CENTER (Gaston) NEWS:
104 Front Street - Tel. 985-8851
Gaston, Oregon 97119

"Boy-oh-boy"--The Grandma's in Gaston are really bustling. The latest project of the Upper Tualatin Neighborhood Center has been to open an outlet store for the "hand-made" articles made by the Grandma's of this area. (Any woman who admits to being over fifty is automatically included).

"Grandma's Corner" is a gift shop and will be operated by the people who are making the items. As a non-profit organization, much volunteer labor and time has been donated already. With Lorna Irwin's ideas and Mike's labor, things are really shaping up. Jerry Nutt was on clean up detail, as well as the seamstress for the curtains. All the wood and materials for shelves and nick-nacks have been donated.

Grandma's Corner opened November 1. Shelves were stocked and items priced and ready to be sold. We are proud to say that customer response has been overwhelming. Customers are enthusiastic, our Grandma's are thrilled that people like their corner.

Come out, browse and visit a while - perhaps do a little Christmas shopping.

"Boy-oh-boy" -- the senior citizens in Gaston and the surrounding areas are sure shining. At least the Grandma's ---- that is.

See you at "Grandma's Corner".

Upper Tualatin Council News: We were very proud of the gathering we had for our special needs and priorities meeting and wish to thank Ray Lang for the many hours put forth in this effort.

We have voted to change the number of our council members to a total of fifteen. Gonzala Lira and Josephine Lucero of Gaston are our newest members. This brings the total to fourteen.

To back up the numbers given to the needs and priorities committee, there will be a survey of the areas involved, including Laurelwood, Gaston, Dilley and Cherry Grove. There will be questions pertaining to housing, GED, and other things needed in this area.

The lease has been signed and work is to begin on the Cherry Grove Center. All volunteers with any knowledge of cement work and the erection of quonset huts are entirely welcome.

Many workers were out knocking on doors for the Aloha Retarded Childrens Mother's March. The Dilley area came out on top with the most money donated. A total of \$101.83 was gathered for this area. How about that!!! Thanks to everyone.

NORTH PLAINS AREA DEVELOPMENT ORGANIZATION (Community Center News)
Commercial Street (next to Post Office) Tel. 647-5515
North Plains, Oregon 97133

ADULT EDUCATION FOR GED

Nineteen people were contacted for GED and 15 are attending combined classes at North Plains and Manning. Through the efforts of Mrs. Naomi Nichols of the Hope Community Center, a classroom in Bank's High School may become available for us to use for our class meetings.

Job Referrals: During the month of October five persons have sought employment through the North Plains Center. Two have been hired, and the other three were referred to the Employment Office in Hillsboro.

One of the persons seeking employment has been hired to work at the service center in North Plains. She is Miss Linda Jones, 16 years old, who formerly worked for the County Extension Service through the NYC Program. Linda's hobbies are reading and rock music. She wants to travel and plans to join Vista after she completes her GED.

Transportation was provided for one person to Abundant Foods during October, and another family was given help with transportation to the Dental Clinic at Aloha. A request for help in locating a furnished house was made to the center. We were unable to help the family due to a lack of rental housing anywhere in the area.

The North Plains Center is concerned about building more community involvement in the North Plains area. Twenty-six personally typed letters were sent out to people in the area telling them the agenda for the November 6, meeting, and the needs statement decided upon by the Community Council. Posters were put up in the local store and the post office to advertise the meeting. An announcement was sent to the local radio station also. The North Plains Center is also helping the annual Police Benefit Dinner by selling tickets and volunteering to work in an attempt to involve the community in joint projects and build community support for CAP.

HOPE COMMUNITY CENTER (Area) NEWS:

Sunset Grange Building - Telephone 324-3455

Sunset Highway - Manning, Oregon 97125

The Hope Community Center Area Council met October 13, at the Sunset Grange Hall. The new officers elected were: William Hopson, Chairman; Lee Peace, Vice-Chairman; Carol Thomas, Secretary-Treasurer. The basic business conducted concerned the setting up of needs for the coming year.

After a two hour discussion and analysis of the community's needs, the following were established and considered to be the most needed: Education and Employment; Transportation; Head Start and Day Care; Housing; Health and the Community Center.

The Council agreed on three additional needs for the area, and felt they should be handled as local projects, rather than being included in the list to be submitted to the Washington County Community Action Board of Directors. They were: Small business consultation service; the Native Crafts Booth; and a representative spokesman to help establish better communication between the schools and parents.

Special Notice! As of November 3, the Hope Community Center will be staffed as follows: Mrs. Theresa Carson will be on duty at the Center every afternoon (Monday through Friday) from 1:00 to 4:00 p.m. Naomi Nichols, Community Worker, will be on duty at the center every morning, Monday through Friday from 8:30 to 11:30 a.m. She will be working at the center at other times, as well, but will be available to anyone wishing to contact her at the center each weekday morning as scheduled.

The above schedule was discussed and agreed on by the Hope Community Center Council. It is hoped that with this new schedule people will be able to use the Center to better advantage. This schedule is subject to change if the Council finds that other hours will better serve the community.

Clinics: On Thursday, November 6, a Well-Baby and Immunization Clinic was held at the Center. Fourteen children received immunizations, with ages ranging from two to nine years. Transportation was provided for all but two of the children, but those twelve needing transportation were from three families.

The CAP grader has again been the means of providing a much needed service in the Timber area. Thanks to Kirk Kuykendall and Walter Beard, the grader has been used to improve roads for fifteen families in Timber, a project which has been needed for a long time.

FIRE DISTRICT: The Timber Fire Truck continues to prove how badly it was needed and is used for many projects. Dale McFarland, of the United Church, has volunteered to give lessons in the use of the fire equipment. Women are invited and urged to attend these training meetings, also.

WATER DISTRICT: (Timber) Jan Spencer, Community Worker from the Multi-service Center in Forest Grove, has been working with Timber residents in an effort to solve the critical water problem. The present owner of the water system is going to sell it, and this means Timber must find a way to insure a safe, dependable water supply in the very near future.

Farmer's Home Administration has been contacted regarding possibilities of a loan. Mr. A. Klein, a structural engineer, who is a member of the United Church which owns the church camp located in Timber, has attended a meeting called on October 18 at the home of Mrs. Wilcox in Timber. Mr. Klein very generously gave of his time and knowledge to inform those present at the meeting facts involving the formation of a water district. He also offered his services as they might be used to help in every way possible. It was decided at the October 18 meeting to schedule another meeting for October 29 for further study and decision concerning the Water District.

Timber residents were informed at the meeting held on October 29, that the Timber water situation continues to be extremely critical.

Mrs. Burr and Mrs. Baker volunteered to circulate a questionnaire to inform all the users in the Timber Water District and also to find out what opinion or decision these users have concerning the situation.

Information to be distributed and the questions to be asked are as follows: "Mrs. Wright, the present owner of the Timber Water System, has decided to sell, as she can no longer operate the company alone. The decision to be made by Timber is--

1. Should a stranger, who will have the power to set rates more or less as he pleases, be given the chance to purchase the company, or ---
2. Should the residents of Timber, through either the Timber Community Club, or a domestic water district, purchase and operate the water system?"

The results of the questionnaire will be made known at a November meeting, - date to be announced.

Several weeks ago, we attended a meeting of the Resource Development Committee. One of the many representatives present was Donna Harris, WIN Coach. During the discussion of various resources available, the WIN Program was mentioned. So many people asked what this program was, we asked Donna Harris if she would write an informative article for the CAP Newsletter. We hope the following provides some of our readers with information which might be a source of help to them.

"WIN (Work-Incentive) is a federal program which began on July 1, 1969 throughout Oregon. The main purpose of this program is to counsel jobless and/or untrained welfare recipients and prepare them for employment so they have a marketable skill.

WIN is for families whose children are receiving Aid to Families with Dependent Children. The State Public Welfare Commission will refer the recipients to the Employment Division and from there the WIN team takes over.

A WIN team usually consists of five people; however, because of the newness of the program the Hillsboro local office has a three-person team. The counselor (Cathie Ehlen) deals with personal problems pertaining to employment or training; the "coach" (Donna Harris) works with the applicant finding jobs, visiting training sites, etc., and the secretary (Barbara Verdegan) who handles all clerical responsibilities.

The main advantage of WIN is that the program is so flexible. We are able to select from a wide variety of training locations with the applicant's needs kept in mind. Work-experience and on-the-job training is also available for those not ready for regular employment or institutional training.

While participating in the WIN Program the applicant receives an additional \$30.00 a month over and above his welfare grant. In addition, his medical and supportive services are maintained while he continues his training."

FAMILY PLANNING CLINIC: Tuesday, November 18, at 7:00 p.m. at the Washington County Health Department, 150 N. E. 3rd Street, Hillsboro. Birth control information and materials available. Preventive or detection examinations given for cancer.

NO APPOINTMENT NEEDED

NO CHARGE

 ----- For further information call Health Department - Hillsboro - Tel. 648-8609

We have already mentioned in the first part of our November Newsletter the resignation of Rettie Knothe. However, during the last week that Rettie worked with all of us, there was much reminiscing. Several employees of CAP in Washington County have been in the program since its beginning as a "Grass Roots" survey. The experiences these people shared, their memories of things past - both good and bad, are sometimes relived with conversation and remarks like "Say, remember when....."

Such was the circumstance that brought the following poem to mind. To go back a few years---- In 1967, Rettie wrote this poem. At that time, Peter Cullen, was Program Director for Washington County Community Action. He liked the poem so much, he sent it to Washington, D.C., attention of Sargent Shriver. Later, Mr. Shriver wrote to WCCAO, and told us he felt the words so clearly said what we were all working to overcome that he had ordered a printing of the poem. His letter also said that he had sent a copy to the White House..

We are including Retta's poem in our Newsletter. We feel.. it tells of her dedication to her work, and perhaps it will serve as a reminder for all of us to look up from the demands each day bring and give us a fresh outlook in working to achieve true goals in our community action work.

" A poverty worker
Just one of a kind
The problems of others
They'er trying to find

A job for a man
Who has no skill
Only hunger and children
And plenty of will

Sho's for small children
Who know not the feel
Just coldness and waiting
for the once a day meal

The one real prayer
Which each of us say
Is to see these lives change
As they will day by day."

Rettie Knothe (1967)

CALENDAR OF COMING MEETINGS, CLASS SCHEDULES - November, December, 1969GED Classes - Day, Time and Location:

- Mondays - North Plains Community Center - 1:00 to 2:30 p.m. at the North Plains Community Center - Roy Vann - Instructor
 ** Hillsboro - CAP Office-558 S. E. 10th Street - 7:00 to 9:00 p.m.
 Mrs. Kathryn Wyckoff - Instructor
- Tuesdays - Multi-service Center, Forest Grove - 2033 "B" Street. Time 7:00 to 9:00 p.m.
 " (also Manning-see below) (this class was formerly held in Gaston)
 Mrs. Kathryn Wyckoff - Instructor
- Wednesdays - North Plains Community Center - 1:00 to 2:30 p.m. (same as Monday class)
 Tri-City Community Center (Sherwood) - 7:00 to 9:00 p.m. Mr. Truax - Inst.
- Thursdays - Multi-service Center, Forest Grove - (same as Tuesday schedule)
- Tuesday and Thursday - Hope Community Center (Manning-Sunset Grange Hall) -
 Time: 7:30 to 9:30 p.m.; Roy Vann-Instructor
- Fridays - North Plains Community Center - 1:00 to 2:30 p.m. (same as Monday, Wednesday)
 ** - Hillsboro class should check with Instructor each time to be sure location is not changed.

- Wednesday, November 19 - Washington County Community Action Organization, Inc. Board of Directors Meeting. Time: 8:00 p.m.; Location - I.E.D. Office 172 South 1st, Hillsboro.
- Thursday, " 20 - Well-child and Immunization Clinic. Time: 1:00 to 3:00 p.m. American Legion Hall - Sherwood (Check at Community Center for further details)
- Monday, " 24 - Health Committee Meeting, CAP office - Hillsboro at 8:00 p.m.
- Tuesday, " 25 - Housing Committee Meeting, CAP office - Hillsboro at 8:00 p.m.
- Wednesday, (every week) - Hope Community Center Women's Club at Manning. Time: 7:00 p.m.
- Monday, December 1 - Special Programs Meeting at the Multi-service Center, Forest Grove. Time: 8:00 p.m.
- Tuesday, " 2 - Staff meeting (Centers' Staff and Multi-service Center staff) at Multi-service Center, Forest Grove @ 2:30pm.
- Thursday, " 4 - Executive and Finance Committee meeting at Merrill's Restaurant, Hillsboro - 12:00 noon
- Thursday, " 11 - Education and Manpower Committee Meeting - CAP office, Hillsboro Time - 7:30 p.m.
- Tuesday, " 16 - Housing Committee Meeting - CAP office, Hillsboro. 8:00 p.m.
- Wednesday, " 17 - Washington County Community Action Organization, Inc. Board of Directors Meeting. Time 8:00 p.m. I.E.D. Office, 172 South 1st, Hillsboro.

Council Meetings - (subject to change at the present time) - unable to list on calendar.