

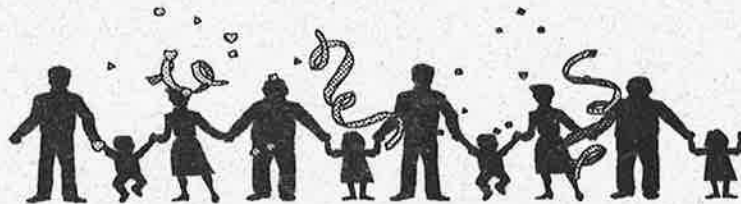
THE RESOURCE NEWS

A free quarterly Publication by the Metro CCR&R Resource Team in Washington County which is partly funded by The Washington County Commission on Children and Families.

Community Action Organization
1001 SW Baseline
Hillsboro, OR 97123

Volume 12 , Edition 1

July, August, September, 1998



WELCOME

Members of the Washington Copunty Oregon Association of Education for Young Children!!

The Washington County chapter of OAEYC is joining forces with the Metro Child Care Resource Team to make sure that each OAEYC member in Washington County receives this newsletter. Welcome and we hope you enjoy "Resource News".

SUMMER PLANNING

For most providers and centers, summer is an ideal time to plan curriculums and restructure programs for the upcoming fall. Fall can be considered a "new year" similar to a new school year when new faces enter your program and schedules become more consistent. The Resource Team of Washington County would like to assist you in that planning. This newsletter focuses on various aspects that can enhance your program.

In order to plan, you must have some kind of goal or desired outcome. These goals need to be given plenty of thought and planning. We have included a goal sheet for you to use to keep track of your goals and planning on page eleven. Training is always a goal for providers and centers. Use the goal sheet along with the workshop page to put your training goals into perspective.

Metro Child Care Resource & Referral has been listening to the questions and concerns of parents and providers throughout the year, and we feel we should address a few of the questions in this newsletter. When we do our annual updates on providers and centers to maintain our provider database, we often hear the question, "What is an anti-bias curriculum, and how can I incorporate it into my program?" The answer to this question can be found on page four.

Another question that is frequently asked is, "How can I get more child care referrals?" See page two "The Changing Workforce" for some interesting facts and ideas.

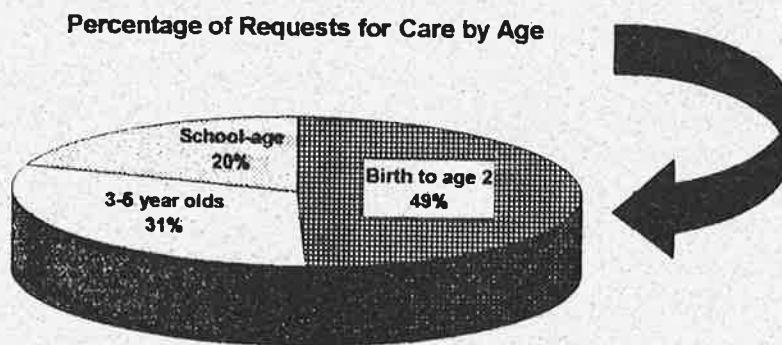
Good luck with your planning and we wish you all a very enjoyable summer!

The Changing Workforce



I am sure many of you have heard this line, "Hello, this is Metro Child Care Resource & Referral, (Metro CCR&R) how can I help you?" My name is Karen Henkemeyer, and I am the voice asking that question. As a Child Care Resource & Referral Specialist, I am the person responsible for making that crucial connection between you, the providers, and the parents that live in Washington County. As a CCR&R Specialist, I listen to the many child care issues that parents and providers have. A major concern of providers in our area seems to be filling vacancies in your business. Please remember that Metro CCR&R can't guarantee to fill your vacancies, but we can inform you about the clients that call Metro CCR&R and their specific child care needs.

The "traditional family" with a stay-at-home mom and working father is only true in 1 of 10 American families today. Dual-income families have become the norm. Many of these families are new mothers with infants. I have had many calls in the past few months from families needing child care for their infants. It is often difficult for me to find centers and/or family child care providers with vacancies for infants. The pie chart below reveals that the majority of our requests were for children under the age of two. If infant care is something that you are interested in and feel confident in, then providing infant care could increase your number of referrals.



Another interesting statistic collected from the CCR&R database is that 89% of parents insist that they search for providers that live in non-smoking environments. Parents also request providers with First Aid Training and CPR certification.

So far this year, we have helped over 900 households in the Washington County area with child care referrals, and we expect that number to multiply quickly once parents begin planning for child care for the upcoming school year. I hope this information has been helpful, and please call 253-5000 ext. 4 if you have any questions about training opportunities or to update the information we have about your program in our database. Have a great summer!

1998 Summer Reading Program at Washington County Libraries

The libraries of the Washington County Cooperative Library Services invite kids of all ages to sign-up for Summer Reading Program. Every year the libraries sponsor programs to encourage kids to keep up their reading skills during the school break and to have some fun with reading.

When they sign-up, the kids keep track of their reading, are eligible for prizes, and can attend special events and programs sponsored by their local libraries. There will be weekly drawings for prizes of all kinds, and as a grand prize, some lucky kid will win a trip for four to Disneyland.

The summer of 1998 promises to be filled with big reading fun at the participating libraries of Washington County. Join the adventure and sign-up today by calling your local library.



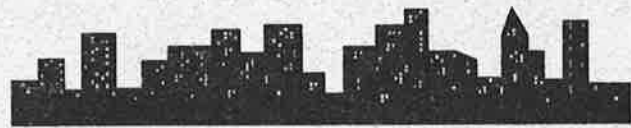
Washington County Cooperative Library Services



What is Anti-Bias Curriculum?

By: Roni Pham

The term anti-bias curriculum, can sound intimidating to a caregiver who hasn't been introduced to it's meaning. When the CCR&R Specialists at Metro update child care providers on the database they often hear, "What's that?", when asked if they provide an anti-bias curriculum. Incorporating an anti-bias curriculum into your current program can be very gratifying when you begin to feel the difference that your curriculum will have on the lives of the children in your care now and for years to come. This article will help you begin to understand and create what it takes to develop an anti-bias curriculum. Anti-Bias Curriculum; Tools for Empowering Young Children by Louise Derman-Sparks and the A.B.C. Task Force, is a book published by the National Association for the Education of Young Children (NAEYC) This book is an excellent source that will give a better understanding of how to create an Anti-Bias Curriculum.(You can order the NAEYC catalog by calling 1-800-424-2460.) Louise Derman Sparks defines Bias as: Any attitude, belief, or feeling that results in, and helps to justify, unfair treatment of an individual because of his or her identity. You must first understand what bias means before you can fully comprehend anti-bias, which Louise Derman Sparks defines as: An active/activist approach to challenging prejudice, stereotyping, bias, and the "isms". In a society in which institutional structures create and maintain sexism, racism, and handicappism, it is not sufficient to be non-biased (and also highly unlikely), nor is it sufficient to be an observer. It is necessary for each individual to actively intervene, to challenge and counter the personal and institutional behavior that perpetuate oppression.



Anti-Bias curriculum is an environment that provides many opportunities and information so children can explore the many aspects of differences and abilities in their world. These differences include gender, race/ethnicity, and different-abledness (disabilities). Building an anti-bias curriculum takes a lot of thought about the kind of environment that you provide as well as what your beliefs are about the roles of men, women, cultures, races, and individual's uniqueness that are not the same as your own. The curriculum outcome will be to enable every child to construct a knowledgeable, confident self-identity. Children will develop critical thinking and the skills for standing up for oneself and others in the face of injustice.

One crucial part of this curriculum is that children can develop attitudes about what they don't see, or hear, just as quickly as they do about what they do see. If it's not part of the curriculum, then, children can develop concepts that it's not important or necessary. For instance, if all the books that children read are of the same race as themselves, then they may assume that other races are not as important as their own. If the girls are the only ones that help in the kitchen, then the children may assume that cooking is a girl thing. If boys are always asked to pick up the heavy stuff, then children may assume that boys are stronger.

As a mobile trainer for The Learning Circle (TLC), I had the opportunity to visit many child care centers and family child care homes in Washington County on a monthly basis. In one story session I would hold up pictures of individuals to children and ask if this person could be a scientist. The pictures were of gray haired men and women, and people of different races and abilities. One picture was of a young girl with her legs in braces using a walker. I would asked the children in each of the child care

Anti-Bias continued . . .

sites if this little girl could be a scientist when she grew up. Most often, “**yes**” could be heard from the children. I also noticed that the younger the children were the more easily they accepted this possibility. The older the children, the longer it took to reply with a yes. If children don’t grow up with visuals, materials and experiences and/or exposure to individuals with different abilities, then their doubts and bias can grow to No’s, “No you can’t do that, you are in a wheelchair”. Maybe no one in their young life has told them that people in wheel chairs, can’t do certain things, or maybe they just have never been exposed to the abilities in the dis-abilities.

An important key to providing these opportunity are in the materials that are a part of the child’s day and learning environment. You can also get wonderful activities from **Roots and Wings** by Stacy York. It is published by Redleaf Press, (1-800-423-8309). Consider some of these tools when creating an anti-bias environment.

Books:

Books should reflect diversity of gender roles, racial and cultural backgrounds, special needs and abilities. Also look for a variety of ages, families, settings, (city, urban, rural, etc.) incomes, and occupations. Books that show a variety of families and styles of homes as they are accurately depicted today offer children a view of the world as it is today. Use books that reflect different languages such as books in Braille.

Art materials:

Display art from various cultures. Also use mirrors so that children can grow accustomed to their physical features. Use a variety of paints, crayons, and clay that represent various skin colors.

The visual environment:

Images should include individuals of various ages, cultures, races, genders, and differently abledness individuals. Think about heroes that have participated in important struggles for social justice.

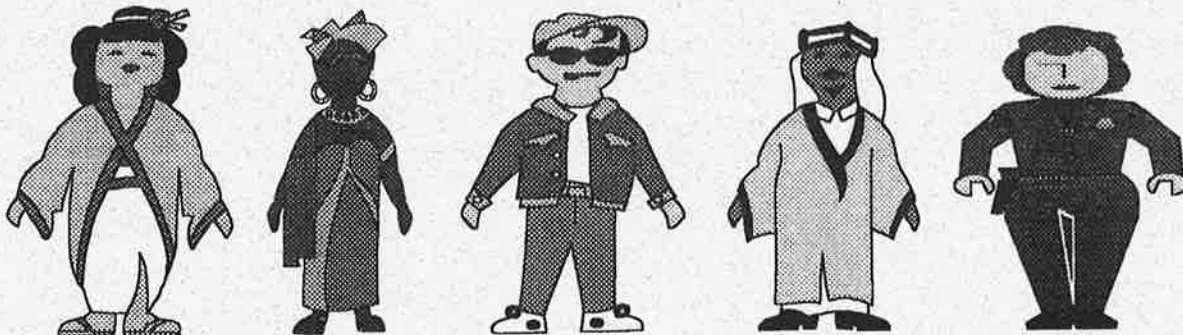
Toys in the environment:

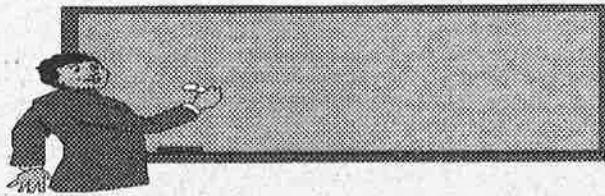
Include dolls of various racial and ethnic groups, particularly of groups that reside in the U.S.- Black, Latino, Native American, White, Asian. Look for a variety of skin colors, and clothing. Also include various puzzles, games, and manipulatives that involve different cultures, genders, physical abilities, and figure sets of different families, occupations, etc.

The language:

Provide opportunities that give children an opportunity to see and hear different languages. These opportunities can come in tapes, books, and toys that have labels like blocks and puzzles.

For more information be sure to sign up for Workshop # 4 on September 3rd. This workshop will give you more opportunities to look at cultural diversity with young children.





SUMMER WORKSHOP SCHEDULE

Workshops are sponsored by the Washington County Resource Team

Please call 693-3241 to register

Workshop #1: Title: Dreaming Dreams & Finding Rainbows **Date:** 8/6/98 **Time:** 7-9pm
Description: Learn how to plan and carry out your dreams and desires. Explore how to use various techniques for building a great program, achieving more education for yourself, or building a satisfying lifestyle.
Location: Community Action Organization, 1001 SW Baseline, Hillsboro
Presenter: Roni Pham **CDA Competency:** #5 **Fee:** \$10

Workshop #2: Title: Teacher Made Toys **Date:** 8/27/98 **Time:** 7-9pm
Description: Learn how to make educational and fun toys to enrich your program. Come to make and take home with you. Feel free to bring a toy that you have made to share with the group.
Location: Tualatin Valley Fire and Rescue Training Center, 20665 SE Blanton, Aloha
(Near TV Hwy & 209th)
Presenter: Kris Elich & Roni Pham **CDA Competency:** #1,2 **Fee:** \$10

Workshop #3: Title: No Sneeches on the Beaches **Date:** 9/3/98 **Time:** 7-9pm
Description: Learn how to create an environment which is culturally sensitive for all children.
Location: Tualatin Valley Rescue Training Center, 20665 SE Blanton, Aloha
(Near TV Hwy & 209th)
Presenter: JoAnn Yamada **CDA Competency:** #3 **Fee:** \$10

Workshop #4: Title: KidCare 1st Aide & CPR **Date:** 9/19/98 **Time:** 8:30am-5pm
Description: Saturday workshop, please bring a sack lunch.
Location: Community Action Organization, 1001 SW Baseline, Hillsboro
Presenter: Terri Bradbury **CDA Competency:** #1 **Fee:** \$40

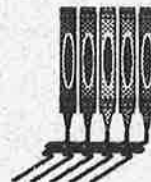
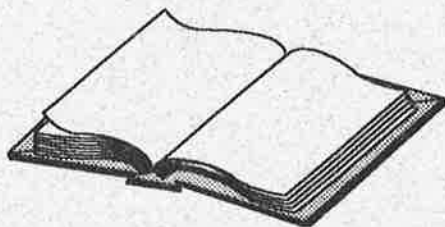
Workshop #5: Title: Planning with Literature **Date:** 9/24/98 **Time:** 7-9pm
Description: Learn how to use books to teach math, science, social studies, art, & much more.
Location: Community Action Organization, 1001 SW Baseline, Hillsboro
Presenter: Isabel Lainez **CDA Competency:** #2,3 **Fee:** \$10

REGISTER for workshops by calling 693-3241. **FEES** for workshops must be received at our office **prior** to the workshop to guarantee your space. Make checks payable to **Community Action Organization**.

Write workshop number(s) on check and send to:

Community Action Organization, attn.: Resource Team, 1001 SW Baseline, Hillsboro, OR 97123

Special Saturday Seminar!



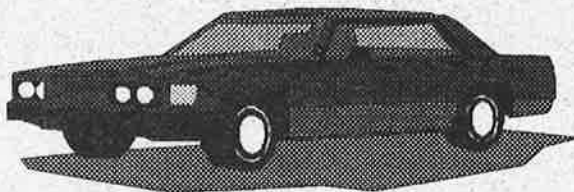
TITLE: *DEVELOPING CURRICULUM FOR YOUR PROGRAM*

DATE: 9/12/98 **TIME:** 9am-Noon **CDA COMPETENCY:** #1 or 5

LOCATION: Community Action Organization, 1001 SW Baseline, Hillsboro **FEE:** \$15.00

This workshop will give you tools to develop exciting curriculum for infant/toddlers, preschoolers, or school age children. You'll learn what could and should be in your curriculum to stimulate learning in the children that you care for. Choose workshops from one of the following age groups:

Infant/Toddler, Preschool, or School Age

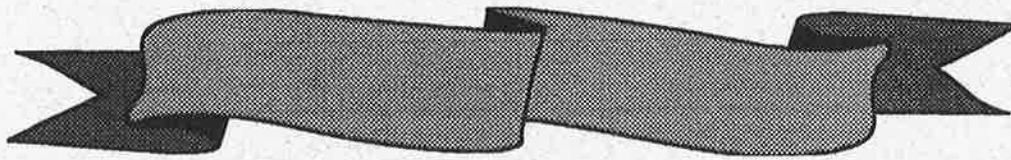


Think Mobile Training

Topic: *How to Create Exciting Storytimes in Your Environment*
Location: Your child care site!
Time: When it works best in your schedule!
Participants: You and the children that you care for!
CDA Competency: #2, 3, or 4
Who to Call? 693-3241 for a mobile trainer from the Resource Team

The Learning Circle (TLC) will come to you! We will train you in your child care environment *with* the children that you care for. We will conduct story times that will intrigue and stimulate your children at the same time that we provide training for you. We will help you develop storytime techniques that increase child participation, comprehension, and a love for books.

Training doesn't get any easier or more fun than this! We will work with your schedule and be at your site when you feel that it works best in your day. We will help you give the children in your care great experiences with literature. We'll dig for dinosaur bones, make our own skin colors, experiment with different textures, and learn to love the world of books because they bring us such great adventures.



RESOURCE OPPORTUNITIES

Need help with Summer or Fall Curriculum Planning?
School-Age NOTES has the resources for you.
For a FREE catalog call 1-800-410-8780.

Example description of a book related to school-age care:
Rainy Days & Saturdays-Over 150 activities for days when children are unable to go outside. Activities range from mysterious fun to scientific stuff creative thinking to magic tricks.

FREE SUMMER FOOD SERVICE PROGRAM for ALL KIDS AGES 18 YEARS AND YOUNGER IN THE WASHINGTON COUNTY AREA.

For more information, contact the following school districts for further details:

<u>Forest Grove District</u>	359-8110 (ext. 265)
<u>Beaverton School District</u>	591-4419
<u>Hillsboro School District</u>	693-2820

TRAINING OPPORTUNITIES AT PORTLAND COMMUNITY COLLEGE

Early Childhood Education Classes Available this Fall:

Child Development, Mondays from 6-9pm

Basic Child Development, Saturdays from 9am-noon

Infant/Toddler Environments, Tuesdays from 6-9pm

Early Childhood Materials and Activities, Wednesdays from 6-9pm

Helping Children and Families Cope with Stress, Thursdays from 6-9pm

Infant/Toddler Caregiving: Social/Emotional Growth, Mondays & Thursdays 6:30-9:30pm

For more information on Early Childhood Education classes, call 977-4217.

Professional Development Classes Available this Fall:

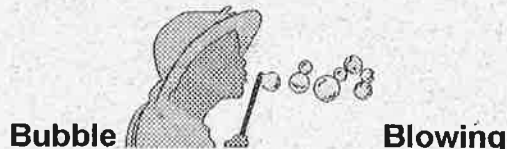
Goal Setting and Productivity, Saturday, 11/7/98 from 8am-7pm

Self Esteem the Key to Success, Saturday, 10/24/98, from 8am-7pm

Communicating to Different Personality Types, Saturday, 11/7/98, from 8am-7pm

For more information on Professional Development classes, call 731-6600.

ACTIVITIES FOR SUMMER FUN



Bubble Blowing

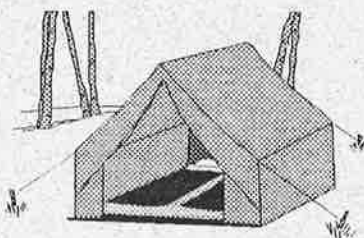
Summer is a very exciting time for many children, but summer means different things to different children. One way for children to express their ideas in a creative way is through art projects. Art is gratifying to children because there is no "right" or "wrong" way to do an art activity. An exciting outdoor art activity for children over the age of 2 and a half is bubble blowing.

There are few supplies needed for this project. Here is the recipe for bubble solution:

- 1/2 cup hand washing liquid
- 5 cups water
- A tiny bit of cooking oil added to the soap and water mixture will make the bubbles tough enough to float in the air without breaking easily.

You can buy bubble wands and pipes at a store or try any of these items:

- ◆ Plastic berry basket bottoms (dip in bubble solution and wave in the air)
- ◆ Thread spools (dip one end in bubble solution and blow through opposite end)
- ◆ Plastic drinking straw (dip one end in bubble solution and blow through opposite end)



Imaginative Camping

Another fun outdoor (or indoor if it's raining) summer activity that children of all ages can enjoy is imaginative camping. Set up a tent in the backyard or in a large room of the house. You can use an actual tent, or make one with the children out of old sheets or blankets. Have the children tell stories of what they do camping, or what they would do if they went. Other accessories that are fun to use during this dramatic play are:

- ◆ Sleeping bags
- ◆ Cooler
- ◆ Picnic basket
- ◆ Grill
- ◆ Tablecloth
- ◆ Food models of hot dogs, hamburgers, and other picnic foods

Children will have loads of fun with this dramatic play activity and in turn will let them express their creativity and ability to work with others.



Washington County Chapter of the Oregon Association for the Education of Young Children

JOB FAIR FOR CHILDHOOD CARE AND EDUCATION

On Saturday, May 16th, the Washington County Chapter of OAEYC sponsored the first annual Job Fair for professionals in Childhood Care and Education. The Fair was held at Community Action in Hillsboro, from noon to 4 PM.

Local preschools and child care centers as well as Head Start programs and representatives from the Career Development Center at PSU set up display tables at the job fair. They had photo albums to illustrate what their program is like, brochures and parent handbooks, and lots of other materials.

Thirty people came through and browsed the tables, talked to the program representatives, visited with each other, ate cookies and sipped coffee, tea or juice.

At least two people were overheard making arrangements to start work the following week, so the job fair worked for them!



The Chapter will be setting a meeting during the summer to elect new leaders for the coming year. If you are interested in serving as an officer, please contact Carolyne Westlake at 648-6750 (home) or 693-3228 (work). We are looking for creative thinkers to make this chapter a valuable resource to its members.

Circle October 9th and 10th on your calendar for the Fall OAEYC conference. Scholarships are available through the Washington County Chapter for your NAEYC membership and/or to attend the Fall Conference. Don't let lack of funds keep you from your professional growth. Call Carolyne Westlake at 693-3228 to discuss.

HAVE A WONDERFUL SUMMER!

GOAL PLANNING SHEET

TODAY'S DATE:

DATE TO BE ACCOMPLISHED:

GOAL TO BE OBTAINED:

The reason that I am working towards this goal is because . . .

Possible barriers:

But that's okay, this might help:

To accomplish this goal I'll need:

This is where or how I'll get what I need:

Steps to My Success

Target Date

Date Completed

1.

2.

3.

4.

5.

The Resource Team is part of Metro Child Care Resource & Referral at Community Action Organization
The Resource Team is partly funded by The Commission on Children and Families in Washington County



Adequate immunization is a crucial element in the health and well being of a child. Currently, Oregon is ranked 45 out of the 50 states for child immunization with only 67% of 2 year olds being adequately immunized. There is a lot of catching up that needs to be done to increase the health of Oregon's children. The goal of the Oregon Health Department is to reach 90% of 2 year olds with adequate immunization by the year 2000. One step towards reaching that goal is the offering of free immunization clinics. Beginning this fall, 1998/1999, Hepatitis B will be required for children entering certified Day Care, Head Start, and Preschool and beginning fall of 2000/2001, Varicella, or Chicken Pox vaccination or history of having had chicken pox will be needed.

Free clinics available:

For more information please call 648-8881

Saturday, September 12, 1998

Beaverton Clinic
12550 SW 2nd Ave
Beaverton
Time: 9am to 1pm

Tualatin Elementary School
19945 SW Boones Ferry Rd
Tualatin
Time: 9am to 1pm

Virginia Garcia, Phone: 359-5564
Memorial Health Center
Cornelius
Time: 9am to 2pm

The Resource News is published through funds awarded by the Washington County Commission on Children and Families. Please direct any questions or comments to 693-3241. The Resource News does not endorse or recommend any paid advertisements, products, or services.

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